

Chapter 1 : List of Bug Out Bag Items - Apocalypse Essentials

A bug out bag should be light and must contain supplies that will enable you to get through 96 hours (4 days). Why just 96 hours? - Because this bag contains only the bare essentials that are needed for evacuation.

A mid range bag for light packing, but large enough to pack all the essentials. A Bug Out Bag, or B. B is a bag packed with crafted or purchased gear to keep around in case an emergency presented itself and made you unable to be safe at home. Well stocked bags should be able to produce gear to assure that all basic needs are taken care of for at least 24 hours, but also enough to provide means of filling those needs for longer if necessary. You have 1 freeze dried meal to eat today. You also have fishing line and hooks to try to get food later. That is perfectly fine, but the bulk of the items you are packing in your bug out bag will serve you best if they can be defined by the following categories: Cutting Tool and Sooo Much More! Well built tools that can be used for more than one type of task are a valuable addition to a bug out bag. You will find a million experts claiming their brand is best when it comes to cutting tools. Choose something you would trust your life and the lives of your loved ones with. Think about skills you can already can, or want to learn to be able to, practice with it. Can you afford it? How much room will it take up in your B. Consider all of this when choosing cutting tools for your bag. Then get what you think will best suit you and your needs. Axes - Small camp axes and hatchets usually are better choices than felling axes. A small ax is a handy tool to have for skinning game, processing wood, pounding stakes or pegs, digging, and dispatching game for food. The point where the knife moves is a weak spot and more prone to breaking than a fixed blade knife. Having a knife fold up on your fingers will not improve your emergency situation. Fixed blade knives - Make sure when buying a fixed blade knife that the piece of metal that forms the blade is the same piece of metal that runs the whole way through the handle. This is an important feature of a durable knife called "full tang. Machetes - Selecting a machete for a bug out bag is just like selecting a fixed blade knife. Saws - A packable saw can be used for making trap stakes, rabbit sticks, clubs, firewood But by packing something even as simple as a folding pruning saw, you now have the ability to cut dimensional lumber as well. Being able to make precise cuts through wood means being able to fit and join the wood together more easily and tightly. Combustion Packing tools that give you the ability to make fire is essential to processing wild meats and some wild edible plants. Fire can also be used to boil water to be safely consumed. Or as a tool to burn out hollows in pieces of wood to make cups or bowls. And fire is an awesome morale booster. Lighter and Matches and a way to keep them dry - Forget rods and sparks and blowing embers into flame. When your life is on the line you want the sure thing every time if you can help it. Lighters and matches are inexpensive and the work with a much smaller window of error. Up Off the Ground and Out of the Elements A covered hammock is a great option for quick, ready made shelter that is easy to pack. Source Cover Cover is basically another word for shelter and it has many forms. Clothing - Your clothing is your first level of cover. Keep clothing rotated according to season for maximum effectiveness against the elements. Hammocks - Covered hammocks are a good way to keep you high and dry at night and can be folded up small enough to not take up too much room in a pack. Tents - An easy to put together, ultralight tent is a cover option that may be a little too big to pack in your bug out bag, but might not be a bad idea to keep with your bag. Tarp - A tarp can be manipulated into a shelter with use of some rope or twine and something firm to anchor to. They can also be used as containers for collecting things like edibles. A small tarp will easily fit in the bottom of or strap easily to a good all around pack, Containers Containers are important tools used to store things at your shelter, in your pack, and help you perform tasks like cooking and boiling water. Your bug out bag itself is a container and within it, your preps and supplies are most conveniently categorized by usage into smaller, separate containers. Zip Top Bags - A good addition to a survival kit of any kind because they are versatile and reusable to a degree. They are helpful in storing important documents, collecting wild edibles, keeping fire materials and tools dry, and helping organize your pack. Cloth Containers - Shoulder bags, fanny packs, stuff sacks, possibles pouches, magazine pouches, and drawstring totes would all be possible additions to a bug out bag. Cloth containers are good choices for organizing its contents into smaller, task oriented kits. Metal Containers - Light metal containers are priceless

items to have when it comes to cooking food and disinfecting water. A canteen, pot or pan with a lid, and a cup or metal water bottle not vacuum insulated are about all you want to pack though if you are walking and carrying your pack. Metal adds weight fast. Be sure they never housed any poisonous chemicals or toxins before use though. Every container that you pack is multipurpose. Choose containers from the most durable materials you can find and afford. Cordage Cordage and rope are very time consuming tools to try to reproduce in an emergency. Thread - Thread could be needed to make repairs on gear, clothing, or yourself. I suggest packing a few yards of waxed nylon thread for repairs on heavy duty materials like jeans and leather. Fishing Line - The obvious use aside, fishing line is about as multi purpose as a tool can get. Higher pound test Dacron lines can be twisted to make bow strings and construct shelters. Lower weight fishing lines can be used for repairs on gear. Nylon Twine - Nylon is a man made material that is very durable. I suggest adding 36 tarred nylon twine, or bank line to your preps because it is capable of holding over pounds, and the tar helps knots to bite in a little better. Paracord or Cord - cord is another form of nylon cordage that is composed of 2 parts: It can be broken down to gain more cordage where needed, or used whole as a rope. Rope - It is suggested by quite a few people I have listened to or read over the years that feet of heavy duty rope is a good addition to a bug out bag. Braided poly or polyester ropes are water and rot resistant and strong enough to repel heavy items, and bodies down steep inclines. Be Able to Find Your Way in the Dark Candlelight You could end up in a situation where you have to travel or pack and unpack gear at night. To be able to perform these tasks effectively and safely you will need a light. Flashlights - Always have a flashlight and spare batteries handy. They can help you navigate the in the dark and be used for self defense or signaling. Candles - Candles can be used to heat small amounts of food or water, and the melted wax can be used along with fire making materials to get a fire going when its wet. Lanterns - Fuel lanterns are nice because they can also be used to cook, but they require fuel which can get heavy and dangerous. Electric Lanterns - High quality LED lanterns are an inexpensive and easy addition to your survival bag. They do require batteries unless you buy a hand crank, or solar charged version. This makes them a very economic prep. Cotton Bandana A cotton bandana or a yard of cotton cloth would be nice to have when performing a lot of tasks in an emergency. Pieces can be cut off to mark trails, used to make fires, dress wounds, or help dress a hook up as a makeshift fly to catch fish. Or the bandana could be used whole to filter water, collect edibles, fashion into a dip net for catching animals in the water, or even could be used as a bandana to keep the sun off of your head. Cargo tape will prove itself a valuable addition to the emergency kit over and over again. It is combustible and useful in fixing things such as traps and snares in place. When a tool or container is in need of repairs, cargo tape can provide a suitable temporary mend to get the job done. It can also be used along with clean bandages to hold wound dressings in place. However, there is 1 item that I suggest you purchase or make solely for the purpose of having it as its own part of your bug out bag. Spare no expense on your First Aid kit:

Chapter 2 : The Ultimate Bug Out Bag List | The Bug Out Bag Guide

Learn about bug out bag essentials from true survivalists. Ensure you're prepared for an emergency situation with high-quality bug out bag survival items, top bug out bag recommendations, and an easily downloadable checklist so you're prepared in life-threatening situations.

Work to make sure you keep your BOB below 35 pounds. Some preppers prefer more gear, others prefer a minimalist approach.

Water and Hydration

1. **Water** is very heavy, and resupply should be an integral part of your plans.

Water Bottle, stainless steel – No paint or coatings. Get a quality one; this will allow you to cook or boil water for sanitization.

Water Filter – The LifeStraw is good but the Sawyer Mini filters times more water, is half the size and comes with a bunch of accessories. Whatever option you choose, go for one that is compact and able to draw water from a shallow supply, like a stream or puddle.

Water Purification Tablets – A backup method to the above item, works even on the move or in conjunction with water filter to treat highly suspect sources. Very small and lightweight, bring plenty.

Cups, stainless steel – Bring two nested ones, preferably ones that will nest around your bottle or canteen. Used for supplementary cooking, gathering water from multiple drip sources and sharing.

Water Bladder with tube – Excellent for drinking on the move, and holding more water conveniently compared to bottles or canteens. Keeping these clean and sanitary over time is challenging, but benefits outweigh the drawbacks for mobility.

Food and Cooking

7. **Jerky** – In bar or traditional form. Nothing beats animal protein for sustaining energy levels and muscle mass during periods of exertion.

Freeze-dried Food – Lightweight but needs boiling water to cook properly. Good for a more substantial meal or preparing for a group.

Mountain House has good, available offerings.

Hard Candy – Preferred by some to get quick energy on the go.

Energy Bars – Similar to above, useful for a pick-me-up or recharge on a break. Another option is energy gel shots, which are processed faster by the body and require less water.

Canned Tuna – A classic mainstay. Heavy, but calorie and nutrient dense. Goes great with your other food items like crackers and such. The leftover can be used in dire straits as a vessel for a candle, to make arrowheads or all kinds of other tasks.

Backpacking Stove – Keep it light, and take into account the weight and availability of fuel. Plenty of good models to choose from, pick one that will boil water the quickest for the least consumption of fuel. Great when you are worn out and need a hot meal or coffee quickly.

Pot Scrubber – Used to keep your metal cookery and cups clean. Helps to get any burned residue off with no fuss.

Vitamins – A small supply of multivitamins packed down into a baggie. Most are loaded with vitamins and minerals.

Spices and Seasonings – A packet of various seasonings or bouillon cubes to enhance the flavor your meals. Great for boosting morale, or as a trade item.

Do go nuts here:

Food and Cooking – What to avoid: **MREs** – Expensive, crazy-high sodium, can cause constipation if eaten regularly. They do benefit from sturdy packaging and excellent preservation. Best used broken down to supplement other rations.

Mason-Jarred Food – Too heavy and fragile.

Pop Tarts – Too little nutritional value, and impossible to keep intact outside of hard container. Can take the place of candy, but usually not worth the trouble.

Shelter, Clothing, and Warmth – Ensure they are trail-tested and broken in before you need them!

Poncho – Used for keeping rain off of your body on the go or as a small shelter. Choose a good one with excellent rain and tear resistance. Make sure it has a generous hood.

Tent – A lightweight, simple tent setup to serve your group, if applicable. It is easy to go overboard here: **Tarp** – A high-quality tarp with sturdy grommets can serve a variety of purposes, taking the place of a tent, acting as a ground cover, privacy screen and more. A reversible type with camo on one side and a high-vis color for signaling is a good idea and will improve versatility even more.

Sleeping Bag with pad – Chosen according to climate and weather endemic to your locale. Go for as light and compact as possible. Carriage will necessarily be strapped to the outside of your BOB, so work out the details before hand to ensure you will not be overly unbalanced.

Pants – Modern materials are best here. Avoid heavy mainstays like denim or canvas that are slow to dry. Go for a technical garment that is light, flexible and quick drying. Extremely cold climates will require something different.

Shorts – In very warm climates, shorts make sense. Choose material according to climate.

Socks – Bring several pairs. Thick, genuine wool plus thinner ones. You can layer them based on insulation and

padding needs, and rotate them regularly. Take care of your feet! Thermal Underwear – In very cold climates, long johns are invaluable and add almost no bulk or weight. Blanket – A small, packable camping blanket. Used for additional insulation on quick stops as well as sleeping. Sturdy blends can be used as a ground cover. Emergency Blanket – The silver, space type. Used for warmth as designed, and can also reflect a ton of heat off of a fire to maximize warmth in a shelter. Ultra-light and takes up next to no room, but take care that it does not get punctured. Gloves – Mandatory for protecting your hands from all sorts of mishaps and sharp or rough surfaces. Select gloves based on requirements: Light, technical gloves are good for dexterity, but offer less protection. You may consider a pair of each, nested inside one another to cover your bases. Footwear in addition to hikers – If you can spare the weight, a backup pair of hiking shoes or boots will ensure you stay mobile while waiting on a pair to dry out, or furnish a replacement if your primaries get damaged. T-shirts – A couple of fresh shirts will help you stay clean and avoid rashes and other ailments from soiled clothing. Bandannas – Useful for keeping sun off your head, face and neck, mopping sweat, as impromptu dressings and countless other mundane tasks. Can also pull duty for signaling, or being tied into a small sack or bindle. Sunglasses – Take care of your peepers! Glare will seriously degrade your vision over time. Quality specialist tints also allow you better contrast in shady or bright light conditions. Jacket or Coat – Nighttime temps almost anywhere in the world can fall low enough to make hypothermia from exposure, especially when wet, a real threat. Bring what you must have to prosper. Two is one, one is none. Shelter, Clothing and Warmth – What to avoid: Umbrella – Serves only one purpose, and can only do that well in wide open spaces. Leave it at home and use your poncho. Clothes eat up space that comes at a great cost. Take only what you need to take care of your body and survive. Matches, waterproof – Accept no substitutes. Too small and light to not have a small bundle. You can keep them stashed anywhere, and so long as their protective coating is in place they will be ready to light in wet weather. Lighters – At least 2. The other fire-starting items we have on the list are great and you should be proficient with them, but for convenience and efficacy, nothing beats a lighter. The classic Bic is a fine choice, and will work in anything except truly freezing conditions. Think carefully before choosing a classic Zippo or similar:

Chapter 3 : The Bug Out Bag Essentials Shortlist | Survival Sullivan

That's what your bug out bag should be like. However, we all know packing a BOB is a balancing act: there are items that The full list of essential bug out bag items you need for your bug out bag.

As you know, a bug out bag is something that you can grab if you are forced to flee from your home or office due to an emergency. Moreover, a bug out bag is something that needs to be put together before a crisis because you might not have time to assemble everything during a potential apocalypse situation. Some people also have a second smaller backup emergency kit at work known as an office bug out bag. Please vote in our poll below for the best bug out bag items. What is the first item that you would buy? What is the single most essential item that a person should buy for a bug out bag? At no extra cost to you, we make a small commission if you buy products via the links on this page. Your purchase helps keep this website free for all visitors. Thank you for your support! You should also make sure that each family member has a bug out bag and the pack is appropriate for their body size. It is not too useful to have a pound bug out bag for an 8 year old. Extremely light weight options are a space blanket or a survival sleeping bag. A survival sleeping bag has some advantages over a space blanket such because it is less likely to be blown off and less likely for cold air to leak in the sides. Since they are lightweight, you could keep both types in order to have even better insulation. You will need to consider more heavy duty sleeping bags. Sleeping Pad â€” A lightweight sleeping pad will keep you off the ground. It will insulate you from the cold and help to prevent your sleeping bag from getting wet. Tent or Tarp â€” You need to be able to build an emergency shelter to keep out the rain, cold, etc. Paracord â€” Your tent or tarp will need to be tied down by something so it does not blow away, etc. Fire Starters â€” Fire starters are a bug out bag essential. Other options include storm proof matches , ferro rods , etc. Food â€” MREs , camping freeze-dried food , etc. They should also be lightweight. Can Opener â€” If you are relying on canned food i. Better yet most multi-tools have a can opener and include a wide variety of other tools i. Water â€” Each person will need at least one gallon of water per day. More water may be required if a person needs to walk long distances each day in order to escape an apocalypse. Water Filter Straw â€” If you run out of water, you will need survival water filters like the LifeStraw. Survival water filters are designed to filter out most waterborne bacteria, waterborne parasites, etc. Canteen â€” Plastic supermarket-type water bottles break easily. You can also boil water in stainless steel containers â€” good for cooking, killing possible microorganisms in potential drinking water, etc. Water straws and canteens are key bug out bag items. Sling Shot â€” A sling shot can be used for hunting small game i. Also hard to run out of ammo when you can use easily available small stones. Emergency Fishing Kit â€” If you run out of your bug out food, you might need to fish for your next meal. As a bonus, fishing line can be used to create snares too. Camping Stove â€” A lightweight backpacking or camping stove is needed if you want to warm up your emergency foodâ€” or if you want to cook that fish or rabbit that you just caught from the bullet points above. Multitool â€” A multitool is a great lightweight survival gadget that contains a variety of useful tools such as pliers, knife, screwdrivers, etc. Or you can buy a small tool box from a home improvement store. Shovel Folding â€” To dig cat trenches, etc. Hatchet â€” A camping hatchet is useful for trimming off branches to make tent poles, creating tinder, splitting firewood, etc. Saw Folding â€” A folding saw is another useful tool for cutting wood so you can create tent poles, firewood, etc. Duct Tape â€” Duct tape is a miracle cure for ripped tents, broken tools, etc. Extra Clothes â€” You will need a set of backup clothes in case you get wet, etc. At a minimum, you should bring extra underwear and socks. Keep these clothes dry in a resealable plastic bag. Cold Weather Clothes â€” Consider adding a back up jacket, etc. Sewing Kit â€” Sewing kits will help you to repair ripped clothes, etc. Ponchos can keep you and your pack dry. It also leaves your hands free for work, etc. You can also use ponchos to make temporary tents i. Bandanas â€” You can use a bandana to cover your mouth and nose if there is a lot of dust in the air, to wave as a signal flag, to screen particles from water, etc. First Aid Kit â€” In an apocalypse or survival situation, you or a family member might get hurt. You should consider adding a survival first aid kit that includes things like gauze pads, bandages of various sizes, medical adhesive tape, etc. Toiletry Bag â€” You should keep a small toiletry bag with shaving cream, razors, tooth brush, tooth paste,

etc. Toilet Paper – Keep at least one roll of toilet paper in a zip top or resealable plastic bag for emergencies! you know! The plastic bag is for keeping the toilet paper dry. Lantern – As an alternative to a flashlight or in combination with a flashlight, an emergency lantern will allow you to operate at night around the survival camp with your hands free. Solar Recharging Kit – Consider getting a solar recharger for your cell phone, flashlight, batteries, etc. Rechargeable Batteries – Make sure they work with your solar recharger and are appropriate for your survival equipment. Binoculars – Binoculars will allow you to spot potential threats from a distance! N95 Medical Masks – Protection against possible airborne hazards. Medical masks are essential bug out bag items. Disposable Plastic Gloves – In case you have to touch a potential infectious person or potentially contaminated object. Liquid Soap – To clean your hands or personal items. Garbage Bags – Industrial-type heavy duty garbage bags are cheap, lightweight and useful for turning into emergency ponchos, ground cloth to help you stay off wet ground when sleeping, waterproof protection for a backpack, etc. Ziploc Resealable Bags – Store critical items. Backup Glasses – If you wear glasses, consider adding a pair of old glasses as a backup in case you break or lose your glasses during a chaotic survival situation. Backup Medicine – If people are taking any type of critical prescription medicine. However, they should first check with their doctor for prescription medicine storage considerations, expiration dates, possible risks, etc. Emergency Money, Gold, etc. You can also put some of the extra heavy or communal gear in your car bug out bag. Use a small tough college-type backpack, fill it with the most essential survival bug out bag items and leave it in your office or work locker. Check out our Office Bug Out Bag section for a list of these items. Poll – What is the best bug out bag item? What is the most essential item?

Chapter 4 : Bug Out Bag Checklist

The Ultimate Bug Out Bag List Bug Out Bag Essentials Building your bug out bag is one of the most important steps you can take to protect yourself and your family in the event of a catastrophe.

Kel Views 0 Comments Bug Out Bag Essentials , Survival Skills A bug out bag, popularly known as a BOB, is essentially a portable survival kit that consists of all the items a person would require in case of an emergency evacuation. An ultimate bug out bag contains survival items for at least 72 hours. However the main focus of it is an evacuation, not long-term survival. That is the difference between what is commonly known as a survival kit, and a bug out bag. In the event that you do need to bug out and leave your home. Whether it be due to an emergency situation, man-made disaster or a natural one. There is certainly a list of bug out bag essentials that your BOB needs to contain. Bug Out Bag Essentials List 1. Shelter In order to survive adverse weather conditions, you must have the essential items to shelter yourself. For anyone that has done any form of survival training or course, making or finding shelter is the very first thing you need to do to survive. Some such items that you can preload your BOB with are a sleeping bag , tent, tarp, woolen blanket and a raincoat. Clothing is an important item to shield also. Therefore thick socks, walking shoes or boots, gloves and a couple extra pairs of underwear and pants are recommended. A light-weight tent can also be included. These are the few necessary items for shelter that I recommend packing in your ultimate bug out bag. Fire Butane lighters and matches are the most primary items you can buy cheaply to light a fire. However, both of these items require being in a dry state to function. A small and compact magnesium rod fire starter is definitely a mandatory item to include in your bug out bag also. The Exotac nanoStriker is a quality tool and affordable. Food The minimal amount of food that you should consider to pack should last each person for 72 hours. Survival bars are my preferred source of sustenance at this point. They are cheap, small and you can get a variety of different flavours and calorie loads to suit anyone. Having three meals a day is not a viable option. You have to pack light and only provide the necessary intake. If you have room in your bug out bag for a cooking device, then by all means include a small camping stove. These can also be used to boil and sterilise water. It must contain bandages, gauze dressing and pain relievers. It is necessary to maintain hygiene even in the most adverse conditions. Hand sanitizers, travel toilet papers, wet napkins, soap and bug repellents are important. Survival Knife It is necessary to have certain tools for survival and by far the most important one is a Survival Knife. Quality constructed and affordable. Water While your body can go several weeks without food, it can only last a couple days depending on your activity level without water. So staying hydrated and packing a means to filter and clean water is vital to your ultimate bug out bag survival list. Thus to solve this problem, it is suggested to carry at least 2 bottles of water. However a filter such as LifeStraw which can be used to purify the water gathered along the way is much more efficient option. Navigation The primary objective of evacuation is to move from the place of calamity to a safer place, which is generally predetermined as efficiently as possible. This efficiency can be ensured through prepacked maps and a compass, such as these Hard Shell Liquied Filled Button Compass 10 pack. Take the hassle out of navigating and familiarise yourself with the route and map, to make evacuating as safe as can be. Signal and Communication Device When building your bug out bag, you need to think about all the different types of situations you and your family my be faced with. Having a means to signal and communicate may be the difference of being found safe sooner rather than later. Therefore it is better to be safe than sorry. Some people choose ordinary backpacks, while some choose shoulder or duffel bags. There are even some that will use a suitcase, although I do think that is pretty impractical if you need move about quickly. My absolute favored pack is the Military Tactical Assault Backpack. I have an article right here that talks all about it and why I think this one is the best and most affordable option on the market today. Self Defense Weapons The need for a bug out bag implies that you are trying to survive. Take with you the best means of self-defense that you have. Include non-lethal means, in addition to whatever weapon you might choose to carry: If you carry a gun, take extra ammunition, 25 rounds minimum. Protective Clothing This is a variable component, depending on your personality, region, time of year, etc. Layering is the name of the game. Cotton balls coated with

Vaseline and sealed in a Ziploc Bag Paper.

Chapter 5 : Bug Out Bag Essentials Mega Guide | Survival Report

1 - Bug Out Bag. The EVATAÇâ,,ç Combat Bag is a badass bug out bag and an ideal pack for anyone serious about putting together a legit bug out bag.. It's the bug out bag that I personally use by the way.

A hurricane warning might mean you need to evacuate your home. Having your Bug Out Bag packed could make the difference in getting out before the crowds. An earthquake could force you to flee your home. The items in your Bug Out Bag could treat your injuries and provide you with shelter until the chaos dies down. An EMP event might result in a complete grid outage and anarchy. They rely on state and federal governments to help in these situations. However, it takes an average of 72 hours for state and federal governments to respond. Some people prefer to make their Bug Out Bags for even longer periods of time. However, these lists ignore the fact that everyone has different survival needs. These categories are the essentials you will need to stay alive. BOB Gear Category 1: Water Water is your 1 most important item for survival in a disaster situation. Depending on the disaster, the normal sources of water may be completely contaminated – such as after a nuclear attack – Water: Your Bug Out Bag water items should include quarts of water per person. This is estimating that you will drink 1 quart of water per day. I personally like the Sawyer Mini water filter because it is just 2 ounces and filters up to , gallons of water. There is a big debate as to whether a tarp or tent is best for your Bug Out Bag. It really comes down to your level of experience. Choose a tent which has the highest Hydrostatic Head rating you can find while still be lightweight. The rating tells you how well it will withstand water as well as its ability to withstand snags. How to choose the best survival tent I recommend that you get familiar with the many types of survival shelters, and learn how to make a survival shelter out of debris. You never know if your tent is going to get lost or stolen, so this knowledge could save you! BOB Gear Category 3: Food Supplies According to the survival rule of threes, you can actually go 3 weeks without food. People get grumpy and angry when hungry. BOB Gear Category 4: It will help keep wild animals away. A lit branch can be wielded as a weapon. Fire can be used as a signal. Fire can be used to boil water for drinking and first aid. BOB Gear Category 5: A firearm certainly seems like a good idea, you can read more about the best bug out guns here. However, multiple firearms are just likely to weigh you down. You may also want to consider pepper spray for your BOB. It is a great non-lethal weapon. BOB Gear Category 6:

Chapter 6 : Bug Out Bag Essentials - The Ultimate Survival Gear List

Home» Essentials» List of Bug Out Bag Items. This list of bug out bag items details important survival essentials that should be considered for every bug out bag. As you know, a bug out bag is something that you can grab if you are forced to flee from your home or office due to an emergency.

These specific situations you create in your mind will be the starting point of your preparation. There have to be bases why you need to include particular items in your bug out bag list. Of course, you cannot bring everything you think you need when the situation calls for evacuation. After all, the goal of prepping is to come up with a lightweight and compact bug out bag or survival pack, or whatever name you want to call it that will allow you to survive self-contained for at least three days. However, the magnitude of disasters differ from one to another. And depending on the severity of the situation, the stuff that you need to pack up would also vary. There are minor and severe calamities and each calls for a different preparation. So your bug out bag has different levels depending on the seriousness of the situation you are preparing for. And of course, you also have to bear in mind your specific location, its climate and weather conditions, and its terrain. These are also relevant factors when you build up your bug out bag. These factors might require some content modification for your bug out bag. This bug out bag comprises of items and other stuff that you carry with you every single day. These are the most essential items without which you do want to leave home. As EDC items, these form as bases for the rest of the higher bug out bag levels. Bug out bag level 1 items include a butane lighter, a knife, and a paracord. In any survival situation, there are three abilities you always need: EDC items would help you make all these three essential abilities a lot easier and quicker. Survival is basically founded on these abilities which you can easily acquire with these 3 simple and small items. So, once again, your bug out bag level 1 items should always be at your side wherever you go. These stuff will prove to be of much help. Level II The situation you put in mind when you try to make up a level 2 bug out bag is like this: There is a need for you to walk because the circumstances render any help in doing so unavailable. You are in a civilized area though and although the situation is not business-as-usual, some items and services are still available. You are not worn out; there is water available but needs filtering to make it potable. The weather is not that bad. There is minimum civil disorder or nothing at all. And you do not need any medical attention. Bug out bag level 2 is termed Core and it supposes that you already have with you the 3 basic EDC items. As additional items to your level 1 bug out bag items, the Core level bug out bag includes the following:

Chapter 7 : Bug Out Bag List Essentials – Rated Picks in

A proper bug out bag will supply you with all of the essentials that you will need to survive for anywhere between 24 and hours. Other Things to Consider When Assembling a Bug Out Bag There are a number of considerations that you need to take into account when putting together your bugout or bail out bags that can make or break your survival.

What makes a good Bug Out Bag? This question can be answered in many ways. There are a wide variety of premade Bug Out Bags that are sold online and if you are not interested in individually picking out your Bug Out Bag items, then getting a premade bug out bag is a good option. However, because they are mass produced and sold to the general public they often do not account for variables that may make the difference for the most likely emergency scenarios in your area. For example, you would want to tailor your Bug Out Bag differently if you lived in an urban location versus a wilderness environment. The same goes for if you are packing a BOB for yourself or your entire family. Regardless of these variables, there are a few simple rules that should be followed when deciding on what to pack in your Bug Out Bag: Make sure you can carry your BOB comfortably – you may have to walk for a long distance to safety. If your bag is ill fitted or too heavy, you might as well have taken your chances sheltering in place. Many sites list dozens and dozens of items to buy and bring, adding cost and weight. Remember that electronics need power and are prone to breaking. Pack simple, reliable, things to cover your basic needs. Check out our Free Bug Out Bag Planning Tool to plan what you want to include and see how your items will affect the overall weight of your pack. Pack things that make you self-sufficient – if you are thinking about an item that you will need to pair with something that you are going to need to source on the way, forget it. If you are moving to safety, the last thing you want to do is worry about scavenging. Pack complementary and multi-purpose items that can be used both individually and together to save space. Plan your bag with a defined time period in mind. Once you start planning for weeks out you will have added too many complications to your list of Bug Out Bag essentials. Have a look at our post on Making a Bug Out Plan to see what you need to consider as a part of your survival preparedness. Remember the goal here is survival, not luxury. If you do not need it to survive, leave it behind. Will I ever really need a Bug Out Bag? Hopefully, you will never be faced with a situation where you are forced to flee your home, but with some simple planning , you can take the necessary steps to ensure the safety of you and your loved ones. Always remember, chance favors the well prepared. What Should I pack?

Chapter 8 : Best Bug Out Bag: Checklist for Essential Contents [BOB Guide]

A Bug Out Bag, or B.O.B is a bag packed with crafted or purchased gear to keep around in case an emergency presented itself and made you unable to be safe at home.

March 11, at You are kidding right? I was thinking more in terms of lasting a couple of weeks, but now that I think about it, that would be a pretty heavy pack. Thanks for pointing that out. Matt March 25, at Financing Your Survival Plan: After you have things squared away for the first few days, then follow that same approach and [â€] Andrew April 1, at It pays to have somethin set up just in case. Matt April 1, at Hopefully, you will have already planned where you would go when you need to get out of dodge. That is why I wrote of having a map and a compass with a route pre-mapped out. I like to plan on smart phones not working, just in case, so learning some good old navigation skills like using a map and compass, is what I would suggest. Paul April 2, at The broadcast emergency radio was vague and delayed. Listening to the fire crew radio talk I was able to build up a far better scope. Some times I could hear the fire crew say get all the people out of town xxxy now, only to hear that on the broadcasts , for the 1st time, an hour later. Only had 1 road still open so it is handy to know whether to get out or not. Yes, I had a map but some times you need more. Matt April 4, at That is a good point. Having a radio so that you can hear the emergency broadcast is very important. Chris April 11, at I would get the GSM model, which is what your standard law enforcement and emergency management operates on. Epic zomie plan fail. It points out just how important it is to plan ahead and really try to think through what the situation you are faced with might be like. Matt April 6, at This is the kind of planning that needs to be done. Good survival skills, most of all, require thinking ahead and taking action before the emergency so that you know what to do. Thanks for your comment! Do you just go out in the woods on someones property and start digging holes? I see this suggestion all the time but nobody ever elaborates on to actually DO it. Noah April 14, at Survivalist April 5, at Thankfully there are some new survival gear products that are entering [â€] Paul April 6, at Stock as you see fit. Best buried on a fenceline, easier to re-locate and if the fence has wire in it, less likely to be found by weekend metal detectors. JR April 7, at Lucas April 12, at A small sewing kit, for ripped clothes and major wounds would be a good addition. You didnt mention any paracord, which could have a huge variety of uses. Matt April 14, at I was just putting what I thought were the most important things, but now that you mention it, I am going to add both things you suggested. Thanks for the comment! Also I get all of my paracord from ruggedappaerl. The bow and arrows are also lighter than a gun and ammo. In addition to the bow you should also have a higher caliber hand gun with 50 to rounds of ammo AMA April 18, at Very easy to use and good quality light and radio. Lifestraw is a great water purifier. Basically a bit straw with a built in filter that was designed for use in 3rd world countries I would also recommend a heavy needle and thread and possibly duct tape. Also money or, if you feel like it a few ounces of precious metals. A spare pair of old glasses can really be a life saver to a contact wearer stuck without any options of replacements or care products. Covers lots of situationsâ€if you find you really need to could even teach yourself how to make fire without matches, what is required for purifying water, what makes good shelter, what plants might be edible, etc. Knowledge is power, and unless you have a lot of free time, hard to memorize all that. Matt April 18, at I appreciate the time you took to share all of that helpful information. You seem like the perfect candidate for becoming one of our writers. If that is something that interests you, I encourage you to fill out an application form here: I especially like you point on having a survival handbook. Its true that there is so much to know and our memories are limited at least mine is: I will likely revise the list to include that item. Keep learning, keep surviving! Ace November 8, at Not just for myself, and handy lessons on the go but if something happens to me so the kids have a guide on what to do to get me stabilized. For every 1 camper injury on a trip we had 4 adult injuries. Some of those were from dumb teen councilors but most were just the extra wear and tear you get from leading from the front. I want to make sure if I take a nasty fall that the people taking care of me have something to help instead of assuming that they know as much as I do Matt January 5, at You seem to really understand the importance of being prepared. Kevin April 21, at I live in a very rural area. My concern is that I drive 90 miles to work one way.

Any thing In addition you think I would need if I had to hump it home beside good boots. AMA April 23, at More chance of rescue and less chance of getting lost. This will allow search and rescue to find you. These have saved a number of lives and are required in some areas. And if you DO hoof it, take a few of the water bottles with, please! Also provides good shade if you need to rest for a while. Whether it be a garbage sack you can make into a poncho, gloves and a hat for cold, or a hat with a brim that you can soak to protect against sun and heatâ€consider it. I suspect the strongest temptation will be to overload it rather than to pack it too lightâ€though you can always throw out stuff if it gets too heavy. Be careful with the handgun idea above unless you are already proficient and comfortable carryingâ€check the laws in your state. Also, be aware of what your weather is like. Storing guns and ammunition in a hot or worse, hot and humid car is a good way to ruin a good gun and end up with misfiring ammo. Kevin April 23, at I really appreciate your input. I am pretty much a newby on this topic. I read a novel about EMP pulses and it got me doing serious thinking about things. They also include fishing and trapping gear, compass and other items that may be [â€] AMA April 23, at I have a CCW. I bought a good medium alicie pack yesterday and a well used army modular bag with bivy cover. Thanks again Nick April 29, at That would take care of say two adults. Paul May 2, at Of course, here, I can get a prospecting permit, ask the owner if I can do a little prospecting, metal detecting, usually get an OK for that. A few holes dug around the place over two weekends to cover the real hole. Go thank the owner say it was fruitless. The kit should be portable in case you have to evacuate your home. Many people choose to create smaller kits for each family member. For more information on this, read our article titled: Bug Out Bag Checklist:

Chapter 9 : The Ultimate 3-Day Bug Out Bag Checklist

The list breaks down essential bug out bag items into modules. For each module, we'll go over any changes that would need to be made for different environments. You may or may not need to get items from each and every module.

Whatever name you use, they all mean essentially the same thing: Made specifically to be carried on your back and keep you alive for hours or more. The whole purpose of the Bug Out Bag is staying alive, but in order to do that, it needs the essentials. What you pack is entirely up to you. Feel free to mix and match our gear with your favorite stuff. If you have young children, your bag is going to be different than a lone survivor. Rather than telling you exactly what you should have, we found the bare bug out bag essentials that comprise the foundation of any Hour kit. When the time came, they had to ditch half their stuff. The key is to think small. Your bag is supposed to be a hiking backpack that will get you through three days while you move to a secondary location. You should be able to stretch how long you can live out of it, but it should keep you going for the critical first days of an emergency. Usually, this is all that is required. This is because the rule of three says you cannot survive 3 hours without shelter in the cold; 3 days without water under any conditions, and 3 weeks without food. Having those things in place gives you a sense of exactly where to start your bag so that you can buy yourself up to 3 weeks of survival in the worst conditions imaginable. Buy The Best Some of the items we suggest packing in your Bug Out Bag might seem costly, but that is because these are items meant to survive the proverbial "or perhaps literal" end of the world. That is not the time to scrimp on cheap goods that fail when the chips are down. Yes, a serious BOB is an expensive investment, but it is honestly the thin line keeping you alive during the absolute worst case scenario. Supplement at your own risk. Anywhere you can add an item that serves a couple of purposes, do so. Duality and multi-purpose should be watchwords for every item in your Bug Out Bag. When you put anything into it, ask yourself how many uses it has or what else it can do. Dual-usage items take up half the space and cost half as much, so spreading the work out among numerous items is not only cheaper, it is also wiser. How to Load One thing to always keep in mind is this is a bag you should be able to carry and it should always be ready. Make sure you check it on a regular basis once a month is what we suggest so you know that everything is in good working order. Throw it on your back and do some hiking so you know it fits comfortably. Know what everything in your emergency kit is, what it does, and be familiar with its use. The more skill and familiarity you have with the equipment, the better it will work for you. It eliminates surprises down the line and prevents dangerous situations from turning deadly. This is the best place to personalize and choose something that you like which fits your body comfortably. Any really durable hiking or waterproof backpack can usually give you enough strength to last for three days. If possible, get a bag with lots of loops for attaching items on the outside. Starting fires is an imperative part of making it in the wilderness, so the more fire starters, lighters, and matches you can fit in your bag, the better chance you have of getting through inclement weather. More than hunger or marauders, the cold can kill you quickly and without mercy, meaning you need lots of lines of defense against it. They make assumptions about how much cover they need to get by and start dropping tents or tarps to make space for more food or other items. Then, they find out that they needed a few creature comforts to make the wilderness bearable. Your shelter is going to be your mobile home for a while, and having a slim fabric between you and the world is important for making you feel secure. You need the edge that only a rested mind can give you. Three days is all you have before dehydration will kill you. That quickly drops to a single day or even less if you live in a highly arid region or one that is exceptionally cold and dry, as those environments suck away moisture faster. Losing moisture will make your organs function less effectively, will drop your morale, drain your energy, and cause hallucinations. None of which is going to make a crisis easier. To keep your fluids up you should have a water filter or two that can help with filtering any diseased river or lake water you find and turning every filthy puddle into a font of life. We also suggest you take along a few disposable water bottles of different brands which can carry both dirty and clean water for various uses. Use one brand for clean, another for dirty, and never waste water if you can avoid it. The trick with food is that it is meant for survival, but it is also a large part of your emotional state. This means

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packing some rewards along with the essentials. We suggest some items that will get you through in a pinch and keep your stomach from rumbling, but we also suggest a few heavier things to cheer yourself up. Your emotional state needs care as much as your body, so we suggest picking some energy bars you enjoy and a specific flavor of beef jerky that pleases your palette.