

Chapter 1 : The (Almost) Perfect Husband

What can a husband do to improve his wife's life?" That's the question J. S. Salt asked more than a thousand wives ages It's a simple question, yet the answers promise to do more for man/woman relations than chocolates, flowers and all the sweet nothings a man can muster.

He resolved to change? How can I take seriously my undertakings to improve in such-and-such an area when last year, and the year before that, I was also working on the same middah? So it occurred to me that the story of someone who resolved to change " and did " might provide more inspiration than just knowing that we are not unique in our past failures. Over the last couple of years, I have probably spent more time talking to my trainer than to anyone other than my chavrusa and immediate family. While he helps rid me of a variety of joint pains, we have plenty of time to chat. He is not one of the trainers who believes that nothing is achieved unless the trainee is in too much agony to speak. Around this time last year, he came across an article about the late Princess Diana, and the thought crossed his mind: If she was a princess, then how much more so is my wife, who is in every respect a true bas melech? She does so much for me. How could I ever be upset with anything she does or express any displeasure or anger? And he undertook from then on that he would not express any irritation toward his wife, that an unkind word would never pass his lips. A ridiculous undertaking, you will say. And indeed it would be for most of us. But he is a person of unique discipline, ever eager for the next ten-day water fast, and is someone who maintains a super-strict diet at all times. When he decides to do something, he does it. That very discipline, however, could also prove an obstacle. When one gets up before 4 a. That person might then expect others to reach the same conclusion. And I suspect that was true for my trainer as well. So how did his undertaking work out? As far as he can remember " and he was concentrating on this " nary a discouraging word has passed his lips all year. At the beginning, he admits, he still experienced irritation from time to time and had to restrain himself. But he soon found that nothing his wife did or said ever bothered him, and he had no need to control any impulse to speak sharply. Every night, he makes sure that there are no dishes left in the sink for his wife " he either does them himself or makes sure that one of the children does " even at the expense of his already minimal sleep. And on Wednesday evening, when his wife works late, he has started preparing dinner and taking it to her at work. The only action about which he expressed regret in the past year was failing to return home during a two-hour break to change a flat tire. He did offer to come home, despite the minute drive each way, but had been told not to bother. In retrospect, he told me he should have just done so without waiting to be asked. My trainer emphasizes that he always felt that he had a very happy marriage. They relate better to each other and to their parents. Even when my trainer, like almost every pension fund holder in Israel, lost a great deal of money invested in Teva Pharmaceuticals, he did not hear a word of criticism from his wife. Happy wives are not critical wives, he explained. Recently, he and his wife took a four-day vacation to Prague " not something they would have ever done before. For months before, he talked about little besides the trip. And upon his return, he told me that it was by far the best four days of his life. But all of us can be inspired by the knowledge that change is possible " in this area and others " and that the rewards are great. I know I have. But she might as well be. Every one of her articles on current psychological research serves as a powerful reinforcement to the benefits of a Torah life. My current favorite author, Dov Haller, was not even born yet. She marries the much older Casaubon, imagining him a great scholar to whom she can devote her energies, when he is but a dry pedant at best. After his death, she marries again and raises a family. But the effect of her being on those around her was incalculably diffusive: The feeling of contributing and helping others is crucial to living with a sense of purpose. For instance, one recent study shows that adolescents who are given household chores experience a stronger sense of purpose in life, likely because they feel they are contributing to the larger family unit. Elsewhere Esfahani Smith has written of the long-term health benefits of eudaimonic wellbeing over hedonic happiness. The key questions to determining the former are: How often do you feel your life has a sense of direction and meaning to it? How often do you feel that you have something to contribute to society? I will shortly be putting out a volume of pieces most culled from these pages called Ordinary Greatness about all the

extraordinary things done by people who will never command newspaper headlines, but who faithfully fulfill the manifold responsibilities and duties of membership in a Torah community. Even raising new links in the chain of the transmission of Torah through the generations is often an act of heroism, especially when the burden of school tuitions is thrown in. The benefits of living our ordinary lives with dignity goes far beyond the health benefits cited by Esfahani as she clearly knows. Part of the judgment of Rosh Hashanah is based on our impact on the community of which we are part, starting with our spouses and children and from there widening out. Originally featured in Mishpacha, Issue Yonoson Rosenblum may be contacted directly at rosenblum@mishpacha.com.

Chapter 2 : The (Almost) Perfect Husband; The Dignity of the Ordinary :: Jewish Media Resources

What can a husband do to improve his wife's life?" That's the question J. S. Salt asked more than a thousand wives ages It's a simple question, yet the answers promise to do more for man/woman relations than chocolates, flowers and all the sweet nothings a man can muster. Honest, revealing.

He resolved to change " and did Wednesday, September 13, One of the most common laments as we prepare for the Yamim Noraim is: How can I take seriously my undertakings to improve in such-and-such an area when last year, and the year before that, I was also working on the same middah? So it occurred to me that the story of someone who resolved to change " and did " might provide more inspiration than just knowing that we are not unique in our past failures. Over the last couple of years, I have probably spent more time talking to my trainer than to anyone other than my chavrusa and immediate family. While he helps rid me of a variety of joint pains, we have plenty of time to chat. He is not one of the trainers who believes that nothing is achieved unless the trainee is in too much agony to speak. Around this time last year, he came across an article about the late Princess Diana, and the thought crossed his mind: If she was a princess, then how much more so is my wife, who is in every respect a true bas melech? She does so much for me. How could I ever be upset with anything she does or express any displeasure or anger? And he undertook from then on that he would not express any irritation toward his wife, that an unkind word would never pass his lips. A ridiculous undertaking, you will say. And indeed it would be for most of us. But he is a person of unique discipline, ever eager for the next ten-day water fast, and is someone who maintains a super-strict diet at all times. When he decides to do something, he does it. That very discipline, however, could also prove an obstacle. When one gets up before 4 a. That person might then expect others to reach the same conclusion. And I suspect that was true for my trainer as well. So how did his undertaking work out? As far as he can remember " and he was concentrating on this " nary a discouraging word has passed his lips all year. At the beginning, he admits, he still experienced irritation from time to time and had to restrain himself. But he soon found that nothing his wife did or said ever bothered him, and he had no need to control any impulse to speak sharply. Every night, he makes sure that there are no dishes left in the sink for his wife " he either does them himself or makes sure that one of the children does " even at the expense of his already minimal sleep. And on Wednesday evening, when his wife works late, he has started preparing dinner and taking it to her at work. The only action about which he expressed regret in the past year was failing to return home during a two-hour break to change a flat tire. He did offer to come home, despite the minute drive each way, but had been told not to bother. In retrospect, he told me he should have just done so without waiting to be asked. My trainer emphasizes that he always felt that he had a very happy marriage. When someone in the gym tells a "marriage" joke " a rare event " his brow furrows in perplexity that anyone could tell such a joke or find it remotely funny. Yet, he tells me, the atmosphere in the home has been transformed " "it is something completely different and keeps getting better and better" " and that has filtered down to the children as well. They relate better to each other and to their parents. Even when my trainer, like almost every pension fund holder in Israel, lost a great deal of money invested in Teva Pharmaceuticals, he did not hear a word of criticism from his wife. Happy wives are not critical wives, he explained. Recently, he and his wife took a four-day vacation to Prague " not something they would have ever done before. For months before, he talked about little besides the trip. And upon his return, he told me that it was by far the best four days of his life. But all of us can be inspired by the knowledge that change is possible " in this area and others " and that the rewards are great. I know I have. But she might as well be. Every one of her articles on current psychological research serves as a powerful reinforcement to the benefits of a Torah life. My current favorite author, Dov Haller, was not even born yet. She marries the much older Casaubon, imagining him a great scholar to whom she can devote her energies, when he is but a dry pedant at best. After his death, she marries again and raises a family. In the end, she proves the "foundress of nothing. But the effect of her being on those around her was incalculably diffusive: The feeling of contributing and helping others is crucial to living with a sense of purpose. For instance, one recent study shows that adolescents who are given household chores

experience a stronger sense of purpose in life, likely because they feel they are contributing to the larger family unit. Elsewhere Esfahani Smith has written of the long-term health benefits of eudaimonic wellbeing over hedonic happiness. The key questions to determining the former are: How often do you feel your life has a sense of direction and meaning to it? How often do you feel that you have something to contribute to society? The subject of "ordinary lives lived with dignity" is one close to my heart. I will shortly be putting out a volume of pieces most culled from these pages called Ordinary Greatness about all the extraordinary things done by people who will never command newspaper headlines, but who faithfully fulfill the manifold responsibilities and duties of membership in a Torah community. Even raising new links in the chain of the transmission of Torah through the generations is often an act of heroism, especially when the burden of school tuitions is thrown in. The benefits of living our ordinary lives with dignity goes far beyond the health benefits cited by Esfahani as she clearly knows. Part of the judgment of Rosh Hashanah is based on our impact on the community of which we are part, starting with our spouses and children and from there widening out.

Chapter 3 : How to Be the Almost Perfect Husband: By Wives Who Know by J.S. Salt

J.S. Salt is also the creator of How to Be the Almost Perfect Husband by Wives Who Know, published by "Shake It!" Books. A former comedian and best-selling author of Always Kiss Me Good Night: Instructions on Raising the Perfect Parent by Kids Who Know, he's appeared on LEEZA, CNN, NPR and more than radio shows.

Chapter 4 : How to Be the Almost Perfect Husband : By Wives Who Know by J. S. Salt | eBay

Due to popular demand, here's a newly translated version of our best-selling book, How to Be The Almost Perfect Wife: By Husbands Who Know. Originally published in , the English language version of this book has sold more than , copies.

Chapter 5 : How to be the Almost Perfect Husband : J. S. Salt :

How to Be the Almost Perfect Husband: By Wives Who Know by J. S. Salt A copy that has been read, but remains in excellent condition. Pages are intact and are not marred by notes or highlighting, but may contain a neat previous owner name.

Chapter 6 : [PDF] How to Be the Almost Perfect Husband: By Wives Who Know Popular Online - Video Da

The How Not to Be Perfect Book. I expected more - much more. The book is simply a compilation of common sense statements, aphorisms, and mottos that men have heard probably since we left the Garden of Eden.

Chapter 7 : Formats and Editions of How to be the almost perfect husband [www.nxgvision.com]

A real sweet book, that you can read while waiting for a traffic light to turn green. Yep, its that short. The book is filled with some humorous suggestions from various husbands on the expectations of the verbiage their wife should produce or the actions she should display.

Chapter 8 : www.nxgvision.com: Customer reviews: How to Be the Almost Perfect Husband: By Wives Wh

I bought both the "almost perfect wife" and "almost perfect husband" while on a business trip, and wrote in the "almost perfect wife" book all my thoughts and suggestions, then gave both to my wife so she could do the same with the "husband" book.

Chapter 9 : How to Be the Almost Perfect Wife: By Husbands Who Know by J.S. Salt

DOWNLOAD PDF HOW TO BE THE ALMOST PERFECT HUSBAND

Presented in their own words - in one to three sentence bits of advice "this is a collection of small, simple things a husband can do to make a BIG difference in their marriage. A true catalyst for conversation.