

Chapter 1 : How Will You Measure Your Life? by Clayton Christensen

Definitely a book you will need to reference for career, marriage, relationships, and life in general to to teach you theories so you know how to measure your happiness so you don't make mistakes & settle in life.

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Chapter 2 : How Will You Measure Your Life? (Audiobook) by Clayton M. Christensen, James Allworth | w

1-Sentence-Summary: How Will You Measure Your Life shows you how to sustain motivation at work and in life to spend your time on earth happily and fulfilled, by focusing not just on money and your career, but your family, relationships and personal well-being.

Opening the iTunes Store. Progress Indicator Opening Apple Books. We are unable to find iTunes on your computer. To download from the iTunes Store, get iTunes now. Click I Have iTunes to open it now.

Christensen, comes an unconventional book of inspiration and wisdom for achieving a fulfilling life. Even before his stroke and cancer diagnosis, Christensen routinely questioned his students not just about their career ambitions but about what they hoped for their lives. He extends that conversation in this highly engaging and intensely revealing work, distilling lessons learned from studying businesses over the course of a multidecade academic career and spinning them into deeply personal wisdom. He draws on examples from companies like Intel, Disney, and Iridium to illustrate how we can align our actions, time, and resources with our priorities, manage relationships, and even improve parenting. He interweaves personal stories into these lessons, including his early, never realized desire to be the editor of the Wall Street Journal, being fired from a CEO job, his passion for teaching, and his own parenting experiences. Spiritual without being preachy, this work is especially relevant for young people embarking on their career, but also useful for anyone who wants to live a more meaningful life in accordance with their values. Christensen, Allworth, and Dillon, provide an insightful, practical, and analytical framework that will give you a new lens upon which to approach the decisions you face in your day-to-day life. It is a delight and surprising page turner as the authors outline how business strategy can be applied to larger questions of meaning. Part Randy Pausch, Mitch Albom, and Jim Collins, whether graduating from school, becoming a parent, or sending your kids off to college, this read is worthy of your time and attention. Life-changing book by dvdwinters I finished this one day after purchasing it. I now have new theories to apply -- that I am excited to apply -- to my own life and to my family and to my career. This is truly a life-changing book. I feel deeply indebted to the authors for their insight and for new paths that my life will take as I apply these theories -- these truths. Here, Professor Christensen, James Allworth and Karen Dillon have shown that his theories also transcend the traditional boundaries expected from business and even self-help literature. In writing this book, the co-authors faced several significant challenges: First, to take a message so powerfully delivered and passionate I was lucky to be one of those in attendance for his talk to the graduating class of and successfully transcribe the intense emotions therein into the written medium.

Chapter 3 : How Will You Measure Your Life? : Clayton M. Christensen :

Originally a speech at Harvard Business School, then a famous article in the Harvard Business Review, How Will You Measure Your Life is a book that helps any reader, in any profession, forge their own paths to fulfillment.

BlockedUnblock FollowFollowing I read, write, and create software. I optimize my life to learn. If I can help you, let me know. Help me afford new books by using this link if you choose to purchase the book. These are my personal notes. I use them to remind future Brett what is important. As with all books I review, you can use my outline to determine if you should read this book. You will get something different out of the book than I did. Some of his classmates had even been jailed because of illegal activity. He was curious what changed. They use these theories to forecast the future success of businesses. On the last day of class Clayton uses the same methods to look at the students instead of businesses. Rather, they allow a predictive theory tell what the future holds for each individual student. How can I be sure I will be successful and happy in my career? How can I be sure my relationships with my spouse, my children, my extended family, and my close friends become a resources of enduring happiness? How can I be sure I live a life of integrity “ and stay out of jail? Clayton wanted to extend this classroom exercise into a book in order to help us all understand how we can examine and improve our lives. Just because you have feathers! A few examples are given to explain how theories solve problems. Domain knowledge is required to solve any specific problem. Only when someone has domain knowledge, and a theory to view the problem with, can they determine the solution. Usually, many theories apply to a single problem or situation. This is the wrong theory to determine happiness. Motivation Theory “ intrinsic conditions from the work itself “ dictates what actually makes us happy. In some careers however money is the motivator. For salespeople and traders money is literally the measure of personal success. Motivation Theory suggests you ask ourselves the following questions: Is the work meaningful? Is this job giving me a chance to develop? Am I being recognized for the things I do? Am I given responsibility? Intrinsic values always outweigh financial ones. A person can have a career plan, a deliberate strategy, but they also need to be open to emergent opportunities. You should determine the right balance of hygiene factors and motivators. Discovery-driven planning works like this: Compile a list of all the assumptions which are made for a potential project. Rank-order them by importance and uncertainty. The top of the list has the most important assumption with the least certainty. The bottom of the list has the least important assumption with the most certainty. Once the list is compiled the company should identify ways to quickly and inexpensively test the validity of each assumption. The Discovery-driven planning method can be used to qualify the value of a prospective job. Identify which assumptions have to prove true to be able to succeed at this job. Then, ask yourself the following questions: Are the assumptions within our control? Are the assumptions intrinsic or extrinsic? Are we being realistic with our assumptions? Finally, determine ways to swiftly and inexpensively test each assumption to see if they are valid. The way we spend our time each day dictates what our actual strategy is. Clayton gives examples where businesses accidentally focus on short-term goals rather than long-term goals. People do the same thing. People are quick to focus on immediate rewards from their careers rather than rewards from their personal relationships. Personal relationships take years to cultivate to receive any type of reward. Where we choose to spend our resources “ time, money, and energy “ affects our short-term and long-term goals. Finding Happiness In Your Relationships High-achievers focus a great deal on becoming the person they want to be at work “ and far too little on the person they want to be at home. Small companies have the single focus of profitability to survive. They place bets which have long-term benefits but no immediate reward. Personal relationships are the same way. To have good personal relationships we need to invest in them long before we can reap any rewards from them. The most fulfilling relationships are those where we have made the most sacrifice. Rather than focusing on what we want out of relationships we should be asking ourselves what can I do for them. Businesses create products and services by hiring companies to do a job for them. We hire our spouses to do a job for us and they hire us to do a job for them. Husbands and wives who are most loyal to each other are those who have figured out the jobs that their partner needs to be done. Assume the capabilities of your supplier will change and determine

what they are striving to do. Determine what capabilities you need to succeed in the future. Your capabilities must stay within the company or you risk your own future. Capabilities are the resources, processes, and priorities one has. Resources are the what, processes are the how, and priorities are the why. Your children learn their values from the people around them. If you are the main person they are around they will learn their values from you. If you have outsourced some of your responsibilities they will learn their values from the outsourced. People who have experienced the problem first hand are better than those around the problem. Failure is a requirement of gaining experience. We learn from our failures not our successes. We should provide an environment for our children to fail which will set them up for future successes. Only when they fail do they learn beneficial life skills. A culture is created not by what you say, but by what you do. Others will see what you do, and if you are influential or in an influential position, they will mimic you. Culture is what a person does when no one is watching them. Your company and your family have a culture whether you wanted one or not. You should be deliberate with the culture you create. Creating a deliberate culture is hard. When a problem is handled differently than your culture dictates, immediately address it. This constant reinforcement needs to continue happening, until it is automatic. Keep enforcing your cultural value. And why do the small entrants with much less capital find them to be straightforward? The answer is in the theory of marginal versus full costs. Every time an executive in an established company needs to make an investment decision, there are two alternatives on the menu. The first is the full cost of making something completely new. The second is to leverage what already exists, so that you only need to incur the marginal cost and revenue. Almost always, the marginal-cost argument overwhelms the full-cost. For the entrant, in contrast, there is no marginal-cost item on the menu. If it makes sense, then you do the full-cost alternative. Because they are new to the scene, in fact, the full cost is the marginal cost. This theory applies to choosing right and wrong. To lead a life of integrity means always living by the general principles you create. You need to apply it all of the time. Resist temptation and stick to your morals. There are three parts of choosing a purpose to your life. Likeness – What do you want to become?

Chapter 4 : How Will You Measure Your Life? The Book | Clay Christensen, James Allworth, Karen Dillon

How do you lead a fulfilling life? That profound question animates this book of inspiration and insight from world-class business strategist and bestselling author of The Innovator's Dilemma, Clayton www.nxgvision.com beating a heart attack, advanced-stage cancer and a stroke in three successive years, the world-renowned innovation expert and author of one of the best selling and most.

Unlike most business writers, Christensen understands the importance of theory. Nor do they tell us what is likely to happen in the future. My colleagues, my students, and I have eschewed the profession of photography. He begins by talking about knowing some of the leaders caught up in recent scandals, like Jeffrey Skilling from Enron, a Harvard graduate. How can I be sure that I will be successful and happy in my career? How can I be sure my relationships with my spouse, my children, and my extended family and close friends become an enduring source of happiness? How can I be sure to live a life of integrity and stay out of jail? The last one about staying out of jail may seem unnecessary, but given the number of Harvard MBAs who have ran afoul of the law in recent times, perhaps not. When people ask me something, I now rarely answer directly. It is a general statement of what causes what, and why. Good theory can help us categorize, explain, and, most important, predict. Theories help us explain what will happen before you experience it. He suggests you ask: What are the most important assumptions that have to prove right for these projections to work and how will we track them? Yet given his approach of using theories, it makes perfect sense. He compares Netflix with Blockbuster. If we knew the future would be exactly the same as the past, that approach would be fine. What would be the best way for us to serve our customers? He then asks an interesting question: Why is it that the big, established companies that have so much capital find these initiatives to be so costly? And why do the small entrants with much less capital find them to be straightforward? Decide what you stand for. And then stand for it all the time. Teaching ethics has convinced me of the wisdom of Oscar Wilde: What do you want the enterprise to have become at the end of the path it is on? Commitment One or a few metrics that can measure progress God, in contrast to us, does not need the tools of statisticians or accountants. His only measure of achievement is the individual. He also discusses being diagnosed with follicular lymphoma, a cancer similar to that which had killed his father. It went into remission, then he suffered an ischemic stroke right after beginning this book. I wish him well, and pray he has a speedy recovery. Rather than telling you what to do, he helps you construct a theory of cause and effect.

Chapter 5 : How Will You Measure Your Life? – Constantly Learning

Metrics – Choose things to measure the progress you have towards your likeness. This allows you to calibrate your life towards the Likeness you chose. Unlike listening to the world for emergent opportunities, your purpose must be deliberately chosen and pursued. How you get to your likeness is where you listen for emergent opportunities.

Chapter 6 : How Will You Measure Your Life? by Clayton M. Christensen

How will you measure your life? A fitting name for a great book on life philosophies and theories. Where other books try to feed you best practices and anecdotes from people or companies who have done it before, this book instead offers you theories by adhering to which you can find success in life.

Chapter 7 : About The Book | How Will You Measure Your Life? Christensen, Allworth

How Will You Measure Your Life strives for a similar goal. Only Christensen and his co-authors, James Allworth and Karen Dillon, hope that goal is a worthy and fulfilling life.

Chapter 8 : Book Review: How Will You Measure Your Life?

There are many times in life where we simply cannot afford to learn on the job. You don't want to go through multiple marriages to learn how to be a good spouse. Without theory, we're at sea.

Chapter 9 : How Will You Measure Your Life? Quotes by Clayton M. Christensen

"How Will You Measure Your Life?" will help you build a strategy to do exactly that. On career happiness, Christensen warns that compromising on the wrong career path (for fame, money, power) is a cancer that will metastasize over time.