

# DOWNLOAD PDF INSTRUCTORS MANUAL TO ACCOMPANY MARRIAGE AND FAMILY

## Chapter 1 : Gilbert D. Nass (Author of Marriage and the Family)

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It is divided into two parts. The course is based on doctrines and principles taught in the scriptures and by latter-day prophets and apostles. Your Responsibilities as a Teacher As you ponder the eternal importance of marriage and the family and the great need to strengthen marriages and families, you will begin to comprehend the profound importance of your calling to teach this course. Your dedication and prayerful preparation will bring blessings to you and your family as well as to those who participate in the course. Prepare Yourself to Teach As the instructor for this course, your responsibility is to teach the doctrines of the gospel by the power of the Holy Ghost. You do not need to have professional training in family counseling, nor do you need to be able to find solutions to all the challenges that can occur in families. Class discussions should lead participants to ponder and pray about their own lives and make improvements in their own families. For help with basic, essential principles of gospel teaching, such as personal preparation, loving those you teach, and teaching by the Spirit, refer to the following resources: Priesthood and Auxiliary Leaders or Remember the Broad Scope of the Course Before you teach the first lesson, take time to review the entire course. This will help you see how the lessons work together to strengthen marriages and families. As you prepare for each lesson, it will be helpful to review the table of contents pages vii , which provides an overview of the course. Review what you have already taught and learned, and ponder how the doctrines and principles in each lesson support the course as a whole. Begin Lesson Preparation Early Your preparation will be more successful if you begin early for each lesson. Soon after teaching a lesson, preview the next lesson. If you have an idea of what you will be teaching, you will be able to ponder the lesson throughout the week. This can help you be more aware of principles you should emphasize, methods you can use, and experiences you can share. Determine How to Teach the Lessons In addition to determining what you are going to teach in a lesson, it is important to decide how you will teach it. You should always strive to teach in a way that will encourage participants to apply the doctrines and principles they learn. The lessons in this course should be given as discussions rather than lectures. Help members participate meaningfully in discussing the doctrines and principles you teach. As appropriate, use a variety of methods to help participants learn and understand the principles in the lessons. For example, look for opportunities to write on the chalkboard, use object lessons, and display pictures. Invite Participants to Apply What They Learn As a gospel teacher, you must not be satisfied with merely sharing information, even if you do so in an original, engaging way. Your purpose is to help others live according to the doctrines and principles they learn. Lee, the 11th President of the Church, counseled: No person knows the principle of tithing until he pays tithing. No one knows the principle of the Word of Wisdom until he keeps the Word of Wisdom. Children, or grownups for that matter, are not converted to tithing, the Word of Wisdom, keeping the Sabbath day holy, or prayer by hearing someone talk about these principles. We learn the gospel by living it. Church magazines often contain inspiring stories illustrating how members of the Church have been blessed as they have lived the gospel. You can find stories that teach certain doctrines and principles by searching in the indexes of the magazines. Consider sharing some of these stories in class. At the conclusion of each lesson, invite participants to apply what they have learned. Be sure to leave enough time to extend invitations that will inspire them to take action. Plan ways to extend such invitations. Emphasize that married couples can receive great benefits from reading and discussing the articles in the study guide together. Participants should bring their study guides to class for each lesson. Respond to the Needs of Those Who Are Not in Traditional Family Situations Be sensitive to the individual circumstances of participants, some of whom may be unmarried, widowed, divorced, or in other difficult family situations. Kimball, the 12th President of the Church: The fact that some do not now have the privilege of living in such a family is not reason enough to stop talking about it. We do discuss family life with

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sensitivity, however, realizing that many do not presently have the privilege of belonging or contributing to such a family. Dealing with Serious Family Problems While encouraging discussion, make sure participants understand that it is not appropriate to share details of serious family problems. If participants seek counsel about serious difficulties, gently encourage them to speak privately with the bishop. He will be able to counsel them. He may also recommend counselors in LDS Family Services or community resources that provide help that is consistent with Church standards. Materials You Should Use The Church has produced sufficient resources to help you teach true doctrines and principles about marriage and the family. Please refrain from using commercially produced materials in your preparation or your teaching. Great thought and prayer have gone into the preparation of the materials for this course. Additional Resources The following Church-produced resources provide additional information on subjects discussed in this course. These resources are available through Church distribution centers. This guidebook describes the organization of the family, provides information about teaching the gospel in the home, and outlines procedures for priesthood ordinances and blessings. Articles about marriage and the family in Church magazines. Family Home Evening Resource Book Teaching, No Greater Call This resource contains principles and practical suggestions to help Church members improve as gospel teachers. This guidebook provides suggestions for improving gospel teaching and learning. For the Strength of Youth This handbook contains suggestions to help parents teach their children about physical intimacy. Guidebook for Parents and Guardians of Handicapped Children This guidebook offers counsel for families with children who have disabilities. It also contains information about Church-produced materials to help parents and others teach those with disabilities. Cornerstones of a Happy Home Hinckley while he was serving as Second Counselor in the First Presidency. Being a Righteous Husband and Father Hunter, the 14th President of the Church. One for the Money: Guide to Family Finance Ashton of the Quorum of the Twelve Apostles, provides practical suggestions on managing family finances.

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