

Chapter 1 : Living with Down Syndrome - Sue Buckley - Google Books

Some people with Down syndrome have lived into their 80s. It is true that people with Down syndrome on average don't live as long as their typical counterparts. Unfortunately, the average life expectancy for an African-American in the U.S. with Down syndrome is just 35 years old. This appalling statistic deserves the full attention of our government and scientific community.

Now, she says, she would give anything to have those precious early weeks back to enjoy. She is concerned about the way the condition is stigmatised. Karen Gaffney speaking at a TEDx talk. She also has a science degree, an honorary doctorate, and is a champion swimmer who has crossed the Channel in a team relay event. It was never his intention to have his discoveries lead to the tests that would prevent our lives. If the ratio is found to be high more than one in , a mother can opt to have an invasive test, CVS or amniocentesis, both of which carry a small risk of miscarriage. If offered on the NHS, it could reduce the risk of miscarriage that comes with invasive testing. Some would choose not to follow with an invasive test if they intended to continue with the pregnancy anyway. For one group, the question is simple: Meanwhile, many campaigners are concerned that introducing the new test might increase the number of Trisomy 21 abortions. For a few days, I lost myself on Google and found a world of pregnant women panicking about their numbers. Most of those with high ratios were having invasive tests and, after anxious posts, would return to broadcast their relief: As if she were a cautionary tale: I find it morally reprehensible. Any other considerations are beyond our scope. The midwife went off a bit red-faced and came back 10 minutes later. I was expecting a pack of information, but it was a ripped piece of notepaper with a website address scribbled on it. This was our child. There must be so many people who are unsure and not given any information. All we were given was a phone number. The campaign, which began in , went global with its third image, and Clark is now sent as many as 50 photos a day she currently has 2, queueing to be published.

Chapter 2 : Living With Down Syndrome Video - ABC News

Living independently. With help and support, lots of adults with Down's syndrome can lead an active and fairly independent life. Although it may not be possible to live completely independently, some adults with Down's syndrome leave home and live in their communities with support.

Instead of two copies of the 21 from its own child -- three copies. The moment -- I was born and they handed her to me -- immediately knew something was different and her face and some of the things in the words. Now you know please god now. And was about an hour before we were actually told that yes they thought she -- -- and I think -- amounts is just feeling mind. And you know he felt like -- this baby that I had dreamed of for nine months I had imagined what this child would be. Hearts defects and they immediately denounce her son and thankfully knows her place. Finding and we were so grateful. Also -- -- you know. The very first night was. The musgrave has ever had kind that was. The entire night I cried. Almost physical pain just heaving sobs those first -- as the -- thing came from now. And it was so healing. Was completely pure and I want and to love my daughter my -- he -- her. She talks since a box and she plays its. Rate now we have the same expectations for an -- as we do for dealing with high expectations and we expect the bass I plan an -- will go to school I am I mean that she will be in -- regular classroom. I will provide her opportunities to learn about music and art. And find out why her Forte is about her -- -- in a Foster that just like we do whether their children. That I had in my mind about -- syndrome. Around her high chair singing happy birthday. And she is an incredibly bright. And we are so lucky to have her. Battle of the Body:

Chapter 3 : Living with Down syndrome

Down's was first identified by the Cornish physician Dr John Langdon Down in the 1800s, although it wasn't until the 1950s that the condition became known as Down's syndrome.

But I breathed out relief when my older sons learned to speak early, when they grew fast, and when they were labeled bright or learned to read faster than others. I had always used words that championed every human as valuable, but in truth I judged my parenting based on whether my children were successful, polite, and kind. I judged my own value based on those standards as well. Learn to release the anxieties of my life. Learn to live in a lighter way. Now I recognize that the ease of Jesus is not something I have to find my way toward. We live in the city where school drop-offs involve complicated searches for parking spaces along the streets close by. Ace and I find a spot, walk the blocks, wait for the crosswalk lights. He holds my hand and then lets go when we get to the sidewalk. Despite his living in a culture that needs us all to hurry, Ace has an inner stillness, a willingness to move through the world slow enough to notice the beauty beside him. That slow movement has provided him with an invisible antenna to see the emotional pain of others. Ace is teaching me that moving slowly through the world is the sweetest way to notice, to practice gratitude, to follow Jesus. At a pace I never expected. A pace he celebrates and has taught me to celebrate too. And I found my youngest sitting on the floor listening to music, his doll wiggling back and forth in his hands, dancing to the song he was humming. How many times did my older boys play pretend or hum? Did I ever really pay attention? This child has never hummed. He has loved music all of his life, but is only just learning the possibilities of his own beautiful voice. And he has never played pretend without my showing him what to do. But, there, right in the middle of the chaos of an ordinary Wednesday, my son was humming and moving his doll to the music. This world says the blessed ones are the multitaskers, the big deal makers, the early learners, the loudest talkers. The world says the powerful will always win, the rich will inherit the earth, the intellectually impressive will earn respect. It does not look like the world. It looks like this: The ones who hug freely will bring peace. The delighted will notice the miracles. Those who take their time will find enough. Those who dance freely will hear music in everything. The pure in heart will see God. But a reminder that Ace offers me everyday. Sometimes the task of the Jesus-follower is a lot more simple than we realize. Sometimes we are called to slow our pace down, take delight in the small moments, look in the eyes of the people who come near us and recognize that God is inviting us to a life of lightness and ease: Micha Boyett is the author of *Found*. She shares her life with Ace at [acefaceismyfriend](#) on Instagram. In addition to her advocacy for Down syndrome, she writes about ancient spiritual practices and how they inform the contemporary life of faith. The daily awareness of the small add up to the whole of your life, and her words are one of the most beautiful, memorable reads, like a dawn, stirring you to wake and walk.

Chapter 4 : Down's syndrome - Living with - NHS

Living With Down Syndrome People with Down syndrome are now living fuller, richer lives than ever before as family members and contributors to their communities. There is no cure for Down syndrome, so the goals of treatment are to control symptoms and manage any medical conditions that occur as a result.

Down syndrome FAQs Living with Down syndrome Home care is just as important as ensuring that a child has adequate medical care and therapy. A physical therapist can also help to develop an exercise programme as a child grows. At first, a child can use his or her fingers to learn to self-feed, before moving on to utensils. Sitting together as a family helps a child to observe and learn as well. Explaining the process in steps can help to develop a familiar routine which helps a child to learn to dress himself or herself. Start with the essential basics, such as bathing and teeth cleaning and then introduce other tasks one by one, such as applying deodorant and face creams. A child will learn to communicate by mimicking the parents, to some degree. Looking directly at a child, naming objects and incorporating actions which show a child in addition to speaking are simple but effective ways of helping a child with Down syndrome to learn to communicate for themselves, as well as understand others. No child with Down syndrome should be isolated from others. Working with teaching staff, it is possible to enrol a child in school with other children of a similar age and keep a child stimulated while encouraging learning. Depending on which school a child is enrolled in, parents can work closely with teachers to make the most of an existing curriculum for children with special learning needs or an adapted programme for a child with Down syndrome. Try introducing different activities to a child and see what he or she takes a fancy to most, before encouraging a routine. A routine is important for a child. An inactive lifestyle can contribute to further physical hindrances, such as bone loss, poor blood circulation, reduced fitness levels and even poor self-esteem. Children with Down syndrome tend to fare better with a regular routine. This helps maintain strong muscles, build endurance, improve self-esteem and promote better overall health. It also helps a child learn independence skills which will enhance their adult life too. Once a routine is established, parents can set short-term goals for a child, encouraging a sense of achievement and stimulating positive learning and growing, as well as fine-tuning skills by increasing levels of difficulty. Teenagers with Down syndrome will likely have the same needs as anyone else their age. In order to have and maintain healthy relationships, parents will need to be well aware of how to guide their child so that they learn the necessary skills that will achieve a healthy self-esteem and encourage peer acceptance. Social skills may need to be adapted and a teenager encouraged to participate in both community and school activities. This encourages healthy friendships and the formation of new ones, and enhances a sense of belonging. Teenage years are a vulnerable and tricky time for anyone. Teaching respect for his or her own changing body, as well as those of others, encouraging open communication, honest education, and if necessary discussing safe birth control methods can help to promote better behaviour in a growing teen. Group homes and apartments with support services can work well for healthy, independent living. Parents can enrol their teenager in vocational training programmes to begin learning skills which will help him or her to secure a job once graduated from school. Other options include finding community employment on a part-time basis, or enrolling a teen in a workshop for an afternoon or day programme that can help to open the door for opportunities. Learning basic things such as doing some light cooking, cleaning up after using a kitchen or bathroom, packing their own lunch and managing to dress completely independently can really help an individual prepare for adulthood. Many adults with Down syndrome are able to function well in society, lead an active lifestyle with continued learning, earn a decent income at a regular job, as well as have healthy relationships friendships and romantic. Having a family that continuously encourages an adult with Down syndrome will help to ensure that he or she always has a sense of purpose and belonging.

Chapter 5 : Living with Down Syndrome

DOWN SYNDROME issues and information Overview Living with Down syndrome Sue Buckley Summary - People with

Down syndrome, whatever their age, are people first. They are people with abili-

Chapter 6 : The Doctors - YouTube

Matt & Jodi's twin girls Abigail and Isobel were diagnosed with Down's Syndrome at birth. The NHS will soon offer a prenatal test for women which offers 99% accuracy of detection.

Chapter 7 : Living With Down Syndrome

National Down Syndrome Society - Club NDSS: a website specifically for teenagers and adults. The site contains a computer page, a page on healthy living, an advocacy page, a page about school & free time and a page about independence.

Chapter 8 : About Your Privacy on this Site

Adults with Down syndrome have a range of needs, abilities, and desires, just like any other group of people. Some will learn to drive, have relationships, and live almost entirely on their own.

Chapter 9 : Data and Statistics | Down Syndrome | Birth Defects | NCBDDD | CDC

Transcript for Living With Down Syndrome My name is Kelly Hansen I have two children he needs more and my daughter -- to -- and Down syndrome is a chromosomal disorder where.