

## Chapter 1 : Teaching Your Children Healthy Sexuality - Swiss Cove Christian Church

*As a parent, your responsibility is to clear up the mixed messages and lead them to a healthy, value-centered view of sexuality. Read more from Jim Burns' Teaching Your Children Healthy.*

Kids learn early what a sexual relationship looks like. Broaching the topic of sex can be awkward. We are researchers of intimate relationship education. We recently learned through surveying college students that very few learned about sex from their parents, but those who did reported a more positive learning experience than from any other source, such as peers, the media and religious education. Long before the social media age, a study found that teenagers see incidents of sexual behavior on network television at prime time each week; few represented safe and healthy sexual relationships. The media tend to glamorize, degrade and exploit sexuality and intimate relationships. Media also model promiscuity and objectification of women and characterize aggressive behaviors as normal in intimate relationships. Violence and abuse are the chilling but logical result of female objectification. While there is no consensus as to a critical level of communication, we do know that some accurate, reliable information about sex reduces risky behaviors. If parents are uncomfortable dealing with sexual issues, those messages are passed to their children. The National Education Association developed the National Sexual Health Standards for sex education in schools, including age-appropriate suggestions for curricula. Peers become the key source of information if parents fail to talk to kids about sex. Open and honest communication about sex in families can help kids make sense of the mixed messages. Parents remain the primary influences on sexual development in childhood, with siblings and sex education as close followers. During late childhood, a more powerful force – peer relationships – takes over parental influences that are vague or too late in delivery. Engaging in difficult conversations establishes trust and primes children to approach parents with future life challenges. Information about sex is best received from parents regardless of the possibly inadequate delivery. Parents are strong rivals of other information sources. Teaching about sex early and often contributes to a healthy sexual self-esteem. Parents may instill a realistic understanding of healthy intimate relationships. Getting started Maintaining an open, honest relationship with your children is key. There is no perfect way to start the conversation, but we suggest a few ways here that may inspire parents to initiate conversations about sex, and through trial and error, develop creative ways of continuing the conversations, early and often. Watch TV with children. Movies can provide opportunities to ask questions and spark conversation with kids about healthy relationships and sexuality in the context of relatable characters. Demonstrate openness and honesty about values and encourage curiosity. Allow conversation to emerge around sexuality at home – other people having children, animals reproducing or anatomically correct names for body parts. Access sex education materials such as the National Sexual Health Standards. The goal is to support children in developing healthy intimate relationships. Seek support in dealing with concerns about sex and sexuality. Break the cycle of silence that is commonplace in many homes around sex and sexuality. Parents are in a position to advocate for sexual health by communicating about sex with their children, early and often.

## Chapter 2 : Teaching Your Children Healthy Sexuality - Christian Books Review, Excerpts

*If your son or daughter is going to make good, value-centered sexual choices on their own, it will start with good biblical teaching from you in the home. Jim Burns has written many books on the subject of teaching healthy sexuality to kids of all ages.*

## Chapter 3 : Teaching Your Children Healthy Sexuality| By Jim Burns

*DVD includes: building a foundation to teach your kids value-centered sexuality, helping your children set standards, how and when to talk with your kids about sex and sexuality, sex outside of marriage: choices and consequences, sexual abuse: prevention and help, and dealing with your own sexuality.*

## Chapter 4 : Why having the sex talk early and often with your kids is good for them

*He is also senior director of the HomeWord Center for Youth and Family at Azusa Pacific University and an award-winning author, whose books include Creating an Intimate Marriage, Teaching Your Children Healthy Sexuality and Confident Parenting.*

## Chapter 5 : Age Appropriate Books to Talk to Your Kids about Sex - Tulsa Kids - January - Tulsa, OK

*Teaching your kids value-centered sexuality --Building a foundation to teach the Purity Code --Helping your kids set standards --How and when to talk with your kids about sex and sexuality --Sex outside of marriage: choices and consequences --Sexual abuse: prevention and help --Dealing with your own sexuality --Questions and answers.*

## Chapter 6 : How to Teach Children about Sexual Intimacy - Church News and Events

*Teaching Children Healthy Sexuality Created by RightNow Team @ RightNow Ministries We want for our kids to honor God with their bodies, but our culture constantly pressures them toward unholy, unbiblical sexual expression.*

## Chapter 7 : Teaching Students Purity

*Burns begins with Scripture to build a value-centered, Biblical theology of sexuality. He urges parents to study the culture and use it to raise discussions of sexuality with their children. And he urges parents to model healthy sexual behavior and values, to be honest (and age-appropriate) about their own past, and to unapologetically set.*

## Chapter 8 : RightNow Media :: Post :: Teaching Children Healthy Sexuality

*All studies show that the more positive, value-centered sex education kids receive, the less promiscuous they will become. Youth workers and even parents are doing a better job, but the results still aren't that impressive.*

## Chapter 9 : About Your Privacy on this Site

*While pop culture likes to portray teaching kids about sex as just one big "talk," experts agree that sex is something kids should always be learning about. They recommend weaving sex into everyday discussions, layering in more information over time and introducing certain concepts at specific ages.*