

Chapter 1 : About Us | Freedom Crossing at Fort Bliss

journey, The Bliss of Freedom has all the hallmarks of a spiritual classic, making a major contribution to the genre by its elucidation of the meditative and mystical tradition, and the role of the.

Tweet As I communicate often with the spirit of those who have left their bodies, I long to share with those who are grieving and feel left behind the awesome feelings, sensations and awareness I experience from those who take flight from the body. It is not what many people may anticipate; guilt, regret, blame, what-ifs. It is quite the opposite generally, as I connect to the Soul level consciousness, which is filled with tremendous expansion, deep understanding, great awareness and light-heartedness, even bliss. Actually this topic was specifically requested by my Mom, who transitioned a few short months ago. This was quite unusual, as she had been very sick and on lots of medication at the time. Lag Time for Clarity Normally in this circumstance I need to wait for a week or more before there is clarity and the ability to communicate from the new bigger perspective. It is rare that a person or animal can pop out of one dimension physical and be instantly clear and present on the spiritual plane. This happened once before with a man who was surfing, and died from a heart attack on the board as he paddled to shore. He was very spiritually focused for many years, and he was able to describe getting up from the surfboard, and walking through a kind of clear jelly-like membrane and voila! He was fully conscious on the other side. He too was quite ecstatic and able to clearly converse about it shortly after his physical death. Generally it seems to take some time for souls to gather up the energies and regroup in a very different dimension. Only when a being animal or human is quite advanced and aware spiritually do I feel that they are able to orient immediately and share their expanded awareness and spiritual experience. I usually ask clients to wait a few weeks to have a session for this reason. Cosmic Cruise Not my MOMâ€™”she was raring to go, chatting me up night and day about the Bliss of not being bound to an aging ailing body. I felt like she was experiencing a Cosmic Cruise, able to travel anywhere in the universe instantly with just a thought. She was having a ball! The first conversation I had with her the day after she passed I asked her to describe what she was experiencing. I could feel tingles of joy. By the way, this part is not common or necessary for communicating with Spirit, but does sometimes happen â€™”only with my permission now. She was delighted with her new abilities and perspectives that opened up to her. Animals Spirits are Blissful too I have experienced this overwhelming joy with so many souls, but one of the first ones really stands out. She wanted to connect with her best friend. It took longer than usual and when I mentioned my difficulty connecting, I finally felt him, laughing at me. But this time I had to widen my scope, and eventually I cast my energy radar to the width of the whole room, and then I felt him. His energy was HUGE! The next thing that happened has been life-altering for me. I knew my client was too sad at the moment to take all this in, yet I so wanted to share my experience. Quarts crystals are extremely dense and are known for their ability to register and amplify frequencies. I shipped the energized crystal to her, with the instructions to open it when she was ready. I had no idea then what she might feel. Since this time I have offered to energize crystals with the essence of the departed souls, and share their unique messages, with the intention that others can access the enormous ecstatic energy and awareness that is available when Spirit takes flight from form. In she met a spiritual master and instantly reclaimed the ability to channel healing and Higher Consciousness from multidimensional realms. Desiring to more fully embody the Consciousness she was accessing, she immersed herself in Eastern mystical practices of meditation, pranayama and devotional chanting, while combining contemporary spiritual and healing arts of Reiki, Grounded Ascension and Mastering Alchemy. Kumari lives in a world where communicating directly with Spirit realms, animals and all of nature is the norm. Her deepest joy is empowering others to experience that all of Creation is Conscious. She teaches with a practicality and playfulness that is disarmingly potent, fully anchored in the knowing that anyone can awaken to this magical remembrance. Kumari holds a powerful energetic presence where distortions of who we are not vanish, healing and wholing shifts occur naturally, and the Mystery of Life unveils. The One inhabit the Mineral Kingdom and are the Gatekeepers for the Portal at the Center of the Earth, responsible for sustaining the New Earth energies and transmitting their initiatory gifts to bring Earth to Heaven. Internationally recognized

intuitive healer and spiritual teacher, she facilitates teleseminars, playshops and retreats to reconnect with our natural healing, intuitive and manifesting abilities. Emoto, world renowned water crystal researcher.

Chapter 2 : The Bliss of Freedom Book

Siddha Yoga Bookstores makes available the timeless teachings of contemporary masters with over 50 titles in 13 languages. Including: books by Swami Muktananda, books by Gurumayi Chidvilasananda, chants, instrumentals and devotional songs, incense, puja items, japa malas and many other hatha yoga and meditation supplies.

As his own spiritual mastery unfolds, Master Charles expresses his experience as a synthesis of the traditional holistic wisdom of the East and the modern scientific approach of the West. Review Sooner or later, every sincere seeker of truth encounters the classic works of spiritual transformation as part of their own journey of inner exploration. This first-hand account of the full unfoldment of holistic awareness in the life of a modern Western initiate, reveals the most intimate and compelling view to date of the intricacies of that most precious of human associationsâ€. In language so unmistakably clear, it cannot fail to ignite the heart of any sincere aspirant, Master Charles chronicles a fascinating journey of mystical experience under the tutelage of Paramahansa Muktananda, one of the most acknowledged Eastern mystics of modern times. The reader can only marvel at the depth of awareness, intensity, humor and ultimately, surrender, as brought forth in these pages. The Bliss of Freedom is a must read for anyone endeavoring to grasp the truth of what it means to be fully human. John Bradshaw Meditation and mysticism come to life as Master Charles shares his experience in these rich pages. The Bliss of Freedom is a celebration of lifeâ€a glimpse of the potential and possibilities for us all, here, now. Master Charles is an inveterate teacher and guide for the Twentieth Century soul. While sharing their travels with me, they talked about having met an enlightened master in India. They seemed most devout as they described the encounter, for he had impressed them with his illumination, and they had experienced deep spiritual inspiration. They asked if I would like to see a photograph of him. When I agreed, they handed me a small card designed like a temple with folding flaps for doors. I opened it casually and looked at the black-and-white photograph of the man inside. If I had a million words, I could not adequately describe the magnitude of what I experienced over the next few hours. As I focused on the photograph, my eyes seemed to lock in an open gaze, and my whole body followed, relinquishing all volitional control. The photograph dissolved into a whirlpool of scintillating, hallucinogenic energy. I was immersed in a rose-and-blue-colored magnificence, permeated with minute particles of dancing, diamond like light that slowly moved upward and entered the area just above the center of my eyebrows. A multitudinous explosion erupted from the depths of my being and reverberated through every dimension of my perception, as an intoxicating bliss saturated me from head to toe. The most sacred peace filled all and everything. Time was suspended within an all-encompassing stillness, and from the subtlest dimensions an ethereal and heavenly music softly echoed-violins, harps, a lone flute, and the tinkling of a thousand glass wind chimes sounding within the harmonic oneness of an angelic choir. I experienced a divine, awe-inspiring, yet totally nurturing contentment beyond all contentment. Wave upon wave of undulating ecstasy radiated outward to infinity. Everything within this shimmering reverberation was disappearing, all form dissolving into itself, a reflection of hallucinogenic light within an ocean of delight. I continued to observe my two friends, but their bodies had become multidimensional. I could see to the utmost core of their beings, which in each case was a small point of iridescent blue light. Luminosity flowed in all directions from these points of blue light, manifesting as their forms, and intermingling with all other forms, as they blended one into each other. All and everything manifested as a merging sea of blissful, luminous energy, joyously delighting within itself-the most beautiful reality that one could ever imagine. That was divine existence, absolute, free, and independent, celebrating itself for the sake of itself. This was the one without a second, a pure awareness through which an other-worldly voice reverberated its truth: My mind was stilled in awe of the heavenly majesty. Bliss consumed every cell of my being. The loving voice again reiterated its affirmation: I am oneâ€ I am freeâ€ I am the play of consciousnessâ€I am all that isâ€ I am I remained within the ecstasy of its incredible reality for what seemed like an eternity, and then ever so gently it diminished, contracting itself and condensing into physicality. The energy released itself through the space between my eyebrows, and like a whirlpool wound its way back into the photograph in my hands. My body unlocked, along with my gaze, and everything seemed to

return to normal, yet I was never to be the same. For I had come face to face with the divine. I had scaled the heights of the ultimate reality that I considered to be God alone, Source alone, and nothing else could ever take its place.

Chapter 3 : The Gettysburg Address by Abraham Lincoln

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In his eulogy on the slain president, he called the Gettysburg Address a "monumental act. The battle itself was less important than the speech. Nicolay, Hay, Everett, Bancroft and Bliss. Two copies apparently were written before delivering the speech, one of which probably was the reading copy. The remaining ones were produced months later for soldier benefit events. Despite widely-circulated stories to the contrary, the president did not dash off a copy aboard a train to Gettysburg. Lincoln carefully prepared his major speeches in advance; his steady, even script in every manuscript is consistent with a firm writing surface, not the notoriously bumpy Civil War-era trains. Additional versions of the speech appeared in newspapers of the era, feeding modern-day confusion about the authoritative text. Bliss Copy Ever since Lincoln wrote it in , this version has been the most often reproduced, notably on the walls of the Lincoln Memorial in Washington. Bancroft asked President Lincoln for a copy to use as a fundraiser for soldiers see "Bancroft Copy" below. It is the last known copy written by Lincoln and the only one signed and dated by him. Today it is on display at the Lincoln Room of the White House. Four score and seven years ago our fathers brought forth on this continent, a new nation, conceived in Liberty, and dedicated to the proposition that all men are created equal. Now we are engaged in a great civil war, testing whether that nation, or any nation so conceived and so dedicated, can long endure. We are met on a great battle-field of that war. We have come to dedicate a portion of that field, as a final resting place for those who here gave their lives that that nation might live. It is altogether fitting and proper that we should do this. But, in a larger sense, we can not dedicate -- we can not consecrate -- we can not hallow -- this ground. The brave men, living and dead, who struggled here, have consecrated it, far above our poor power to add or detract. The world will little note, nor long remember what we say here, but it can never forget what they did here. It is for us the living, rather, to be dedicated here to the unfinished work which they who fought here have thus far so nobly advanced. It is rather for us to be here dedicated to the great task remaining before us -- that from these honored dead we take increased devotion to that cause for which they gave the last full measure of devotion -- that we here highly resolve that these dead shall not have died in vain -- that this nation, under God, shall have a new birth of freedom -- and that government of the people, by the people, for the people, shall not perish from the earth. The second page is written on different paper stock, indicating it was finished in Gettysburg before the cemetery dedication began. Lincoln gave this draft to Nicolay, who went to Gettysburg with Lincoln and witnessed the speech. The Library of Congress owns this manuscript. Four score and seven years ago our fathers brought forth, upon this continent, a new nation, conceived in liberty, and dedicated to the proposition that all men are created equal. Now we are engaged in a great civil war, testing whether that nation, or any nation so conceived, and so dedicated, can long endure. We are met on a great battle field of that war. We come to dedicate a portion of it, as a final resting place for those who died here, that the nation might live. This we may, in all propriety do. But, in a larger sense, we can not dedicate we can not consecrate we can not hallow, this ground The brave men, living and dead, who struggled here, have hallowed it, far above our poor power to add or detract. The world will little note, nor long remember what we say here; while it can never forget what they did here. It is rather for us, the living, we here be dedicated to the great task remaining before us that, from these honored dead we take increased devotion to that cause for which they here, gave the last full measure of devotion that we here highly resolve these dead shall not have died in vain; that the nation, shall have a new birth of freedom, and that government of the people, by the people, for the people, shall not perish from the earth. Hay accompanied Lincoln to Gettysburg and briefly referred to the speech in his diary: Four score and seven years ago our fathers brought forth, upon this continent, a new nation, conceived in Liberty, and dedicated to the proposition that all men are created equal. We are met here on a great battlefield of that war. We have come to dedicate a portion of it, as a final resting place for those who here gave their lives that that nation might live. But in a larger sense, we can not dedicate we can not consecrate we can not hallow this ground. The brave men, living and dead, who struggled here,

have consecrated it far above our poor power to add or detract. The world will little note, nor long remember, what we say here, but can never forget what they did here. It is for us, the living, rather to be dedicated here to the unfinished work which they have, thus far, so nobly carried on. It is rather for us to be here dedicated to the great task remaining before us that from these honored dead we take increased devotion to that cause for which they gave the last full measure of devotion that we here highly resolve that these dead shall not have died in vain; that this nation shall have a new birth of freedom; and that this government of the people, by the people, for the people, shall not perish from the earth. We have come to dedicate a portion of that field, as a final resting-place for those who here gave their lives, that that nation might live. But, in a larger sense, we can not dedicate, we can not consecrate we can not hallow this ground. It is for us, the living, rather, to be dedicated here to the unfinished work which they who fought here, have, thus far, so nobly advanced. It is rather for us to be here dedicated to the great task remaining before us that from these honored dead we take increased devotion to that cause for which they here gave the last full measure of devotion that we here highly resolve that these dead shall not have died in vain that this nation, under God, shall have a new birth of freedom and that government of the people, by the people, for the people, shall not perish from the earth. Bancroft Copy As noted above, historian George Bancroft asked President Lincoln for a copy to use as a fundraiser for soldiers. When Lincoln sent his copy on February 29, , he used both sides of the paper, rendering the manuscript useless for lithographic engraving. So Bancroft kept this copy and Lincoln had to produce an additional one Bliss Copy. The Bancroft copy is now owned by Cornell University. Four score and seven years ago our fathers brought forth, on this continent, a new nation, conceived in Liberty, and dedicated to the proposition that all men are created equal. It is rather for us to be here dedicated to the great task remaining before us that from these honored dead we take increased devotion to that cause for which they here gave the last full measure of devotion - that we here highly resolve that these dead shall not have died in vain that this nation, under God, shall have a new birth of freedom, and that government of the people, by the people, for the people, shall not perish from the earth. Source for all versions:

The inner solitude with its natural serenity, clarity and bliss makes it possible to refine the mind further and gain deeper freedom and bliss. Of course, solitude is not the final freedom. Solitude is neither the answer to all problems nor the goal of the Buddhist pursuit.

If ever an opportunity arises of meeting the Spiritual Master Gnani Purush and a connection be established with Him, then Liberation is in the palm of your hands. Unprecedented, unique, unheard of before, and beyond credulity is this fact and yet a proven verity through experience. Liberation calls for no efforts if one is fortunate enough to come in communion with a Spiritual Master Gnani Purush. However, extremely difficult and rare is such a communion. The cherished object cannot be attained from the one who is not familiar with that which one desires. The Spiritual Master Gnani Purush has the ability to do anything and yet he performs all tasks in the spirit of being a mere instrument in the process. All the scriptures proclaim unanimously. There is infinite Soul Bliss within you but you do not know how to uncover it and experience it. There is only one kind of bliss but the society has created so many different levels. You can only experience true Soul Bliss when you understand the true reality of this world. How long are you going to live in this imaginary and perceived happiness? But then what can you do, now that you are already trapped? You have come having wandered through every life form and yet you have not found true happiness anywhere. All the while you have done nothing but wailed and roared with your ego. You have the desire to be free but you cannot find the path. Such a path is extremely rare. A circumstance for a meeting with a Spiritual Master Gnani Purush is extremely rare indeed. All other circumstances will come together and disperse, but the circumstance of a meeting with the Spiritual Master Gnani Purush is the only one, which will give you permanent bliss Soul Bliss. Now all you have to do is get your work done for your liberation. An ardent desire to remain near a Spiritual Master Gnani Purush brings forth extraordinary power, which then allows you to overcome any circumstance or obstacle that comes your way. Bliss of Freedom From Ego The peace one experiences in the various paths of yoga is transient. It allays the internal disturbance of the thoughts, speech and acts temporarily. There is never an experience of the bliss of liberation in it. Only the atmayogi experiences the bliss of liberation Soul Bliss. What is true samadhi - the state of the Self? The Samadhi that is acquired through physical exertion and toil only works as long as the yogi is practicing it. It is like winding the handle of the engine; it lasts as long as effort is put in it. Permanent bliss is attained only when nirvikalp samadhi, the state of the Self, the state without ego is attained. It is a natural and effortless samadhi. It is present even when you are performing your daily activities. It remains with you even when you are fighting. Liberation is such a samadhi. The Self is invisible and flawless. Unless you become aware of the Self you cannot become that natural samadhi is such that it never leaves even amidst widespread destruction and annihilation. All other spiritual attempts are imaginary. The relative self is indirect light. The real Self is infinite, direct light - it remains only as the Knower and the Seer. Knowledge Gnan is that which gives closure and peace to the mind from all aspects. Samadhi, which prevails despite full awareness of all the five senses is real samadhi. Non-attachment in every circumstance and phase of life is absolute samadhi perfect attunement with the Self.

Chapter 5 : Freedom & Bliss “ Working Online “ From Anywhere!

The Bliss of Freedom is a must read for anyone endeavoring to grasp the truth of what it means to be fully human. John Bradshaw Meditation and mysticism come to life as Master Charles shares his experience in these rich pages.

I had on my red and black ski shirt with one layer underneath and a single layer pant. Wearing my red headband and my new Smith sun glasses, I held my skate ski poles firmly in my hands in disbelief, skis on, standing in front of the lodge at my favorite place to ski, Notchview Reservation in Windsor, MA, ready to go. I was so excited to try out my new hip on skate skis. My smile broke ear to ear and off I went. A little timid at first, I was amazed “ no pain. As I warmed up after a few minutes I began to dig in as I loved to do before my bone-on-bone hip a few years ago. Having skied since age five, my body knew exactly what to do. It was second nature. I gathered up speed and roared down the trail, down hills, up hills and around turns, whizzing by people, dominating the trail with authority and prowess! My hip is back! After a quick 45 minute sprint, I returned to the lodge glowing more brightly than I can remember. My joy was contagious. As I walked into the lodge a woman asked me how the skiing was. She told me I had the glow of great conditions. Although the hip extension action was more difficult for me. I was tired by the end of the loop and called it a day. Upon reflection, I experienced a level of freedom I had not experienced in a long time. I savored the feeling and wanted it to last forever. I felt invincible, fulfilled, relieved, joyous, and full of love. I loved my life and I loved everyone in it. This experience of freedom is our birthright. In the Tantra, freedom is considered the essence of nature itself. Freedom is supremely free, infinite, without beginning or ending, vast, all encompassing. No one and nothing can control it because it is free. It has no limitation and no boundary. It is beyond time and beyond space as it is free from all identification. This is the description of the Absolute, which, in the Tantra, is our highest self. The answer I usually hear from the Tantric scholars is because we are veiled. Our consciousness is in partial darkness, not as a fault, but as a function of the nature of the universe itself. The universe expresses itself in five divine acts, Pancha Krtiyas: Creation, Maintenance, Dissolution, Concealment, and Revelation. When we establish ourselves in a lifestyle of dedicated practice and study, the veils begin to lift. When that happens, your heart opens where you get a glimpse of freedom. If freedom is the essence of nature, then bliss is the essence of freedom. Bliss, joy, and happiness is what follows whenever you move from pain and suffering to less pain and suffering. When suffering is eased, even just a little, you get a glimpse of joy. I used to get migraine headaches. I would be grumpy, and I would say things I would sometimes regret. Occasionally the migraines lasted for 5 days. But as soon as it lifted, I would smile again. I would have peace and feel joy again. Gratitude would flood back into my experience. It happened every single time. The only thing between you and the Absolute is you! No one is stopping you or blocking you from experiencing your true nature. This is why I took time to savor my experience of gratitude for my new hip. Joy is usually only a fleeting moment. But through consistent regular practice of meditation, yoga, breathing, right livelihood, right relationship, you have more and more moments of joy that last longer. However, living a life of suffering is not what the universe intended for you. In fact, I hold as one of the deepest purposes of my practice to experience bliss more and more on a daily basis. This is what meditation is really for. During the practice, if you can settle and find some silence, you tap into the bliss, which is your Absolute self. Like craving a delicious wholesome and healthy meal. The best part is there are no negative side effects! This Spring, may you discover the freedom and bliss that is already within you. May you savor moments of joy and receive the growing brightness of the sun as it moves towards its apex, filling your days with confidence and hope for a bright future.

Chapter 6 : Bliss of Freedom from Ego

As I communicate often with the spirit of those who have left their bodies, I long to share with those who are grieving and feel left behind the awesome feelings, sensations and awareness I experience from those who take flight from the body. It is not what many people may anticipate; guilt, regret.

Chapter 7 : The United States Army - Team Bliss

The Bliss of Freedom offers us a "how to" guide to meditative experience, couched in narrative form. The book is inspirational, opening us to the possibility of such meditative and visionary experiences in our own lives.

Chapter 8 : "The bliss of freedom" by Mark Leighton | Redbubble

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Chapter 9 : Freedom of the Seas | Best 1st Time Cruise | Royal Caribbean Cruises

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