

## Chapter 1 : The Book of Idle Pleasures by Tom Hodgkinson - [www.nxgvision.com](http://www.nxgvision.com) book review

*In The Book of Idle Pleasures, the United Kingdom's expert Idlers Tom Hodgkinson and Dan Kieran stand up for the simple pleasures in life by lying down for a nap.*

You know that technology was meant to free us from drudgery. On hearing these, most of us shrug and carry on with our busy, busy lives. But now and then, something reminds us of who and what we are. This delightful, unassuming book is one of those things. The pieces are written by a dozen or so contributors, including columnists and authors such as Michael Bywater and Nicholas Lezard. That book is an informal manifesto for a sort of pragmatic Luddism. It proposes a return to a more anarchic, self-sufficient, in short, medieval way of life. I found those ideas appealing but ultimately impractical. The Book of Idle Pleasures is a gentler approach to the same subject. We can follow its edicts without chucking the job or defaulting on the mortgage. But it supports a similar proposition: Instead, it invites us to focus on the slow, the simple and the natural. In doing so, it implies, we will re-connect with ourselves and the Earth. You could do it by napping, procrastinating or staring out the window. For the energetic, it suggests more productive pursuits like breastfeeding or gathering food from hedgerows. Or there are those activities which simply give you something to do while doing nothing, like smoking or fishing. The tone of the writing is elegaic, sometimes whimsical, but with a streak of defiance. Some of the pieces read like prose poems and are apt to send readers off into idle reveries about their own favourite ways of passing time. Even the layout of the pages shows a casual disregard for economy, with text reclining languidly among acres of white space, and faced by witty linocut-style black-and-white illustrations. So if you fancy a day away from the email and the X-Box this summer, maybe lounging in a field, the garden or on the beach, I can think of few more liberating volumes to dip into as you drift off to sleep.

## Chapter 2 : The Book of Idle Pleasures by Tom Hodgkinson - Penguin Books Australia

*As an antidote to our non-stop culture, this book lists and reflects on 75 simple pastimes and proves that the best things in life are free: skimming stones, catching falling leaves, whittling, staring out of the window, dreaming, doodling or taking a nap.*

## Chapter 3 : The Book of Idle Pleasures by Kieran, Dan; Hodgkinson, Tom | eBay

*The Book of Idle Pleasures by Dan Kieran, Tom Hodgkinson In The Book of Idle Pleasures, the United Kingdom's expert Idlers Tom Hodgkinson and Dan Kieran stand up for the simple pleasures in life by lying down for a nap.*

## Chapter 4 : The Book of Idle Pleasures : Dan Kieran :

*The Book of Idle Pleasures is a restorative gift book for the stressed out, tired and hassled. An antidote to our non-stop culture, it is a welcome compendium of timeless delights.*

## Chapter 5 : The Book of Idle Pleasures eBook: Dan Kieran, Tom Hodgkinson: [www.nxgvision.com](http://www.nxgvision.com): Kindle

*Get this from a library! The book of idle pleasures. [Tom Hodgkinson; Dan Kieran;] -- In The Book of Idle Pleasures, the United Kingdom's expert Idlers Tom Hodgkinson and Dan Kieran stand up for the simple pleasures in life by lying down for a nap.*

## Chapter 6 : The Book of Idle Pleasures

*The book lists and reflects on 75 simple pastimes and proves that the best things in life really are free. Read More 'The*

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*Book of Idle Pleasures' is a restorative gift book for the stressed out, tired and hassled.*

### Chapter 7 : The Book of Idle Pleasures by Tom Hodgkinson

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