

Chapter 1 : Katherine Fleet (Author of The Secret to Letting Go)

*The Secret of Letting Go [Guy Finley] on www.nxgvision.com *FREE* shipping on qualifying offers. With more than two millions copies of all of his books in print, Guy Finley's message of self-liberation has touched people around the world.*

In this powerful audio program, based on the 1 Amazon best seller by the same title, you will learn hundreds of amazing secrets that lead to total, effortless self-transformation. Discover within yourself the source of an unshakable strength that Guy Finley has found -- a new kind of fearlessness that grows stronger with each passing day. CD 1 Secret 1: Letting go of who you think you are is letting go of your problems, for they are one and the same. A New Kind of Inner Strength - Being stronger than anything that frightens you - The sure way to raise your life level - How to take the weight of this world off your shoulders - The wisdom of letting yourself fall apart - The secret of effortless happiness - Ten steps to take to the truly new life CD 2 Secret 3: Letting go is finding out who you are not and then having the courage to leave it at that. Choosing in Favor of Your True Self - The secret of choosing in favor of your new self - Learn to win in a brand new way - You are not who you think you are - Replacing self-doubt with self-command - The strange non-life of the false self - Start seeing through the blame game - The secret of true self-command Secret 4: Real success is not measured by what you are driven to achieve, but by what you can quietly understand. How to Defeat What Is Defeating You - How to defeat what is defeating you - Snapping out of psychic slumber - Breaking free of unhappy thoughts and feelings - Giving your life story a happy ending - Gaining higher awareness through self-observation - A powerful inner law - Self-correction is self-evaluation CD 3 Secret 5: Why seek answers to tormenting questions when it is possible to realize that there is no intelligence in torment? So simply drop those questions. See what upsets you not as an exterior circumstance to be remedied, but as an interior condition to be understood. Turning New Answers into New Actions for New Results - Turning new answers into new actions for higher results - A secret strength greater than any sorrow - How to change the life you are giving yourself - Five examples of "higher answers" - The "pleasure of permanence" CD 4 Secret 7: Letting Go into the Power Flow - The sure cure for whatever disturbs you - Letting go of the fear of being no one - How to let your worries roll by - Never feel trapped by life again - The best-kept secret in the world Secret 8: Let go of who you think you are and discover what life would be like if you had wings. Breaking Through to a New You - How to transform a crisis into a personal turning point - What it means to want what life wants - Your sensation of "I" is not you - Five life-liberating insights that help you let go of angry and anxious feelings - A special exercise of self-suspension CD 5 Secret 9: Letting go is the natural release that always follows the realization that holding on hurts. Letting Higher Life Forces Succeed for You - Engaging powerful life forces on your behalf - The key to leaving your self-created, self-limited world behind - The beauty and rescue of higher self-knowledge - Living in the "spiritual now" - Ten ways to shatter self-limitation - Deter and reject psychic intruders - How to challenge all self-suffering Secret The Miracle of Self-Completion - Answers to some important questions for a greater life - Dare to let go and live as you please - Your ultimate victory over harmful inner voices - Clearing a major obstacle - Three friendly facts for true independence - Ten higher hints for taking charge of yourself CD 6 Secret The only way to produce more inner light is by consciously sitting in inner darkness. The Greatness That Awaits You - Entering the kingdom of the Secret Self - your royal nature - Putting the truth first will lift you higher and higher - What it means to put the truth first - Twenty-one ways to lift your eyes to the Truth 6 hours on 6 CDs.

Chapter 2 : The Secret of Letting Go [Downloadable PDF eBook]

"The Secret of Letting Go is a vital guide for anyone who wishes to break free from self-limiting beliefs and behaviors." - Peggy McColl, New York Times best-selling Author of Your Destiny Switch "Guy Finley possesses a natural capacity to apply profound wisdom in everyday life situations."

This was an amazing story!!! This was a story about secrets that kept you at the bottom For doing your own mistakes It was about pure love that could consume you and confuse you at the same time It was about bravery in its most raw form It was a wonderfull and unique story that could captivate you At least, it captivated me!!!! Well, this story was telling by two persons Both of them had many demons from their pasts to chasing them down But there were secrets that were keeping them apart It was like kicking little orphan Annie and her mutt. I wanted no role in it at all, yet i still walked over and crouched next to her. There was no family and no friends for her Only a faithful dog She moved Daniel in an unbelievable way and he wanted so badly to help her The need to protect her became stronger when she put herself in dangerous situations that needed to be saved from him And as the time was passing, they came really close But there were barriers between them in the form of secrets Secrets that Clover refused to reveal to him, but when the time came, she had to choose if she will reveal her secrets or if she will lose her freedom!!! And when her secrets unfolded, everything changed For better, for worst??? I could keep thinking inappropriate thoughts about Daniel, but I was also lying to him. My secrets were a snare. The more I struggled, the more I flailed, and the more I flailed, the more the wire tightened around my throat. She was so pure, so innocent, so kind that it was impossible to not adore her!!! Her life before was aching my heart so deeply She was a homeless kid that was struggled to live her life with dignity!!! I also adored the way she loved Daniel!!! It tied me to Daniel in a way that was new and unsettling. Did he also feel it? But Clover was so different and from the first moment that he laid his eyes on her, he was drawn toward her Clover changed the way he was seeing the things around him!!! He was a good person before, but she made him a better person The thought twisted my stomach. She may have been a stranger, but I already understood that getting sucked into her life would lead to nothing but complications. So how come alone with her, sleeping inches apart? I was just doing the honorable thing Clover had been in danger, and i was making sure she was safe. They were connected with a unique bond and they were consolation for each other Their hearts healed by their love!!! Too many secrets, too many revelations In some point, they just got confused Was their love pure and unforced??? Did Clover really loved Daniel or she thought she was because of his constant saving actions toward her???? Did Daniel have true feelings for her or he was clinging to her because she needed a savior and he wanted salvation from his haunted past??? I felt naked and exposed. I loved them all so much!!!! This book will be forever in my heart!!!

Chapter 3 : The Secret of Letting Go by Guy Finley () Pdf Book ePub - www.nxgvision.com

Whether you need to let go of a painful heartache, a destructive habit, a frightening worry or a nagging discontent, "The Secret of Letting Go" shows you how to call upon your own hidden powers and how they can take you through and beyond the challenge of any problem.

Register a free 1 month Trial Account. Download as many books as you like. Cancel the membership at any time if not satisfied. Get back your life! Right now you may be a slave to the memories and experiences of the past, as well as to the stresses and problems of the present. Every day increases the load. Whether the problems are due to work, school, relationships, finances, or something else, they affect you. Too often our fears and stresses manifest in ways that take up time and energy while making us angry and unhappy. Now you can free yourself from these handicaps to successful living with the simple and virtually effortless techniques in this book. Every page has new ideas and concepts that can help to improve your life. Sometimes you may feel you just need to bear up with your problems. Like many people, you may believe that a little suffering is good. Well, in actuality, suffering is not good. But how do you get over it? There are also numerous examples showing how people made use of these things in their lives. You will see how it can apply to you, too. This is the book that will really show you how to change your life. Lots of idealistic ramblings, parables and universal spiritualism. The author seems to have too much to say, yet keeps making the same point repeatedly. Paul - Ogden, UT 5 Mon, 02 Jul This book initiated in me a transformation of consciousness that is still very much in process to this day, over two years later. I had no idea at the time a mistakenly found it that it would change my life forever, but I am thankful for the clarity of its simplicity. If you struggle with anxiety and depression, this book is filled with valuable insights that can keep your mind on a better track emotionally. Yes, this book is a bit abstract, but easier to follow if you have a religious background. This book was a great motivation for me, but may not be for you. It is about letting go of negative self talk and looking inward to solve problems. Replace the word "false self" with "natural man" 1st Corinthians Ch 2: But I have to admit, if you have ever wondered about what it means to "let go," this is the guy to listen to. I found a lot of what he teaches to be very, very helpful. I have found Tolle sometimes tough to read because of the way he writes. And what I found particularly fascinating are his final chapters, where he speaks about letting go of our illusions that people want inherently what is best for us. He makes a convincing case that just about everyone is motivated about what is best for themselves. And understanding that is the key to freeing ourselves from false expectations, disappointments and the belief that someone, somewhere is going to rescue us. Good food for thought. Wording and language really drag - actually set this aside for 3 or 4 years before finishing recently Smiliar Books of "The Secret of Letting Go".

Chapter 4 : The Secret of Letting Go - Guy Finley - Google Books

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Chapter 5 : The Secret To Letting Go And Moving On eBook: Joff Day: www.nxgvision.com: Kindle Store

Read "The Secret of Letting Go" by Guy Finley with Rakuten Kobo. Llewellyn is proud to present the revised and expanded edition of our best-selling self-help book, The Secret of Letting.

Chapter 6 : [PDF/ePub Download] the secret of letting go eBook

"The Secret of Letting Go "by Guy Finley gives you several techniques to do one thing: Get back your life! Right now you may be a slave to the memories and experiences of the past, as well as to the stresses and problems of the present.

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Chapter 9 : Letting go of Pain, by Chariss K. Walker: FREE Book Download

Read The Secret of Letting Go Full E-Book Online Published on Dec 8, Llewellyn is proud to present the revised and expanded edition of our best-selling self-help book, The Secret of Letting.