

Chapter 1 : The Sweet Spot by Christine Carter, Ph.D. on Apple Books

The Sweet Spot: How to Accomplish More by Doing Less and millions of other books are available for instant access. view Kindle eBook | view Audible audiobook Enter your mobile number or email address below and we'll send you a link to download the free Kindle App.

It got better and I was going to give a 3, or maybe 4, star for the book. However, by the end of the book, the story got really boring. As someone Said, a Lot of blah blah blah. I had to Skip Reading in order to get to the end. Jamie is a music teacher from Philadelphia taking a vacation to visit the winery of one of her favorite wines. He dreams of the big city while Jamie dreams of the country. I found the story very slow and the characters took a very long time to engage me. For me , it was sweet but just ok. I was gifted this copy by Netgalley. The opinions expressed are solely my own. Hank and Jamie are adorable. I love the fight between them. There were a few times I wanted to smack Hank but I got over it in the end. The way Jamie just fit in at the Sweet Spot was something special. The Sweet Spot is a wonderful romance that should be read. As a first read of Heather Heyford I do plan on going on for more. She has a very lovely way of bringing a sweet romance to A sweet little romance. She has a very lovely way of bringing a sweet romance to life. I loved this book and was ready to give it a 5 star rating until I started reading the end chapters. Chapter 29 through 34 ruined it for me. A lot of blah, repeat and more blah. If I were to know ahead of time I would have skimmed those chapters barely and probably still like the book. But wow, they really brought the whole book down for me. Feb 25, Cathy Geha rated it really liked it The Sweet Spot by Heather Heyford A Willamette Valley Romance 1 What would it be like to be the carrier of a family name for the eighth generation and to have with that name come the expectation that you will continue in the family line? What if your dream has always been a bit differentâ€”at least for a span of your lifetime? And, what if you were given the opportunity to chuck the family expectations, make a LOT of money and follow your dreams? That is what Hank Friestatt is contemplating as he w The Sweet Spot by Heather Heyford A Willamette Valley Romance 1 What would it be like to be the carrier of a family name for the eighth generation and to have with that name come the expectation that you will continue in the family line? With the demands of a vineyard, winery and destination vacation site to juggle he is feeling overwhelmed even though his grandmother Ellie, who has been on the job forever, is there to guide him. When Jamie Martel arrives at The Sweet Spot she is ready for a bit of downtime after a year of teaching music in inner city Philadelphia. She has recently received a promotion that is making her happy but also has her questioning what she really wants in the future. The Sweet Spot reminds her of her childhood and the dreams she once held. She is a giving person so when she realizes that Hank and Emily are short-handed she immediately steps in to assist. And, when she is offered the opportunity to spend time working in Oregon for the summer she weighs the option of time in the country or going back to hectic city life. Staying will provide her with the chance to revisit her roots and also help her decide what she really wants in the future. Hank and Jamie are attracted to one another but with only the summer to spend together the smart thing to do is not get involved â€” sometimes easier said than done. When Delilah, a woman Hank knew in college, shows up with people for Hank to meet, places for him to go and a proposition that is tempting â€” Hank finds himself on the fence about more than one thing. Only when one is about to or seems to have or has truly lost something valuable are they truly able to appreciate it. There are ups and downs in this story with life decisions to be made that are not easy for either Jamie or Hank. There are backstabbers but also good friends that provide support. There are opportunities for them both to grow. And, there is finally an epiphany that allows the two to have the HEA they so richly deserve. There are also intriguing hints of who might star in the next book of the seriesâ€”I am intrigued by Roy and feel he is a special person that deserves a special woman. It will be interesting to see where this series goes in the future. Did I like this book? Yes Do I want to read the next book in the series?

Chapter 2 : Book Hitting The Sweet Spot PDF Download

In The Sweet Spot: A Novel, Amanda is a take charge kind of woman who can spot a player a mile away. When she catches the eye of baseball player Chase Walker, the last thing Amanda wants to do is become one of his groupies.

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Chapter 3 : The Sweet Spot (Audiobook) by Stephanie Evanovich | www.nxgvision.com

Happiness and productivity expert Dr. Christine Carter shares the combination of practices that transformed her own life from overwhelmed and exhausted to joyful, relaxed, and productive in her best-selling book The Sweet Spot.

To view it, click [here](#). But Chase Walker is in a different category all together. And so Chase turns up in her restaurant night after night, sitting at the bar and ordering food and attempting to get Amanda to give him a chance. But Amanda operates on a theory that everyone has a flaw " and Chase is so perfect on the surface with his Greek-God looks and his money and charm that whatever his flaw is, it must be a huge one. Nevertheless Chase does win Amanda down. Something that he wants to share with her but fears her reaction. But when Amanda pushes him too far one day, his secret comes spilling out. But when a tabloid gets hold of the secret, it goes viral. Every now and then you read a book that makes you stabby with rage. For me, this was one of those books. The first section of it was pretty inoffensive but boring. All we get is how hot Chase is and how charming he is and how wonderful he is and how incredible he is but! In fact the only evidence there is of Chase is him being a ginormous douche. Then came the stabby part. And then the next morning, because by this stage Amanda is so enamoured by Chase and confused about what happened, his smug and supercilious attitude just honestly, made me insane with fury. Never once does he properly apologise for not only not sharing that piece of information about himself but also for forcing it on her against her will. Being spanked because she swore " according to Chase, ladies should speak and act like ladies. See how they liked violence without introduction. Spanking someone without their permission or them even knowing that you are going to do it is so icky an idea that it just ruined Chase as a character for me beyond all redemption. Not that I was overly invested in him in the first place but afterwards his smug, disgusting attitude just made me desperately want Amanda to walk out. She is very uncomfortable the morning after and she wants to talk about it and what it means and he rides roughshod over her about how much she loved it and how utterly perfect it is now that he no longer has to keep this secret and has a way to expel all of the stress that he had been holding in. But she stays with him, barely even speaking her reservations and just brushes it all under the carpet. Amanda was brought up by very successful parents " her father is a retired judge who is considering a run for the senate and her mother is a well known lawyer. Several times in the book she has trouble expressing herself to him, making him listen to her. She needs peace and quiet to cope with what has happened to her, all of the commentary and judgement and viciousness in the media. Their interactions are so glossed over and superficial. Amanda never really seems to want to disagree with Chase and it makes her seem so weak and pathetic. Like before Amanda even agrees to go out with him, he just turns up at the bar every single night and sits there and everyone swoons over it. My husband follows baseball, I know what star batters are paid. Grow up Chase, you have more than most people will ever have. When he expects Amanda to drop her career and go on the road with him, once again, I wanted her to tell him to take a hike. She holds out for the shortest amount of time before she basically employs a manager at the restaurant and devotes her life to Chase. I liked Amanda in the beginning but once she agreed to go out with Chase she lost all of her personality and set about molding herself into the person she thought he wanted. Reading this book is 3 hours of my life down the drain.

Chapter 4 : The Sweet Spot Book | How to Accomplish More by Doing Less

The Sweet Spot is the missing manual that every current and former collegiate athlete needs to read. We have all heard the statistic that less than 2% of athletes will play professional sports. This book will help the other 98% identify their passion outside of sports and chase new dreams.

Chapter 5 : Sugaring Studio | Salon | Seattle

The Sweet Spot is the first story in the Willamette Valley series, and is a heartfelt, sweet book. I will admit the story line

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was a little slow going in the beginning, but definitely picks up. I loved both characters, the premise of the story was great, I'm looking forward to the next novel in the series.

Chapter 6 : The Sweet Spot : Christine Carter :

Complete with practical tips as well as stories from Carter's own experience of putting The Sweet Spot into action, the proven principles within this book will help you achieve more by doing less. It's possible, and The Sweet Spot shows you how.

Chapter 7 : Book Finding The Sweet Spot PDF Download

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Chapter 9 : The Sweet Spot | Christine Carter

Presents one hundred recipes for traditional Asian desserts, including cakes, cookies, pies and tarts, puddings and custards, candy, fruits, frozen treats, and drinks, and includes information on equipment and ingredients.