

**Chapter 1 : Relaxing itinerary with 5 month old - Vietnam Forum - TripAdvisor**

*Traveler's Companion Vietnam, Laos & Cambodia, 2nd (Traveler's Companion Series) Ko Samui, Thailand Travel Guide - What To See & Do In More Info.*

Ice made with tap or well water Drinks made with tap or well water such as reconstituted juice Unpasteurized milk Take Medicine Talk with your doctor about taking prescription or over-the-counter drugs with you on your trip in case you get sick. Hide Prevent bug bites Bugs like mosquitoes, ticks, and fleas can spread a number of diseases in Vietnam. Many of these diseases cannot be prevented with a vaccine or medicine. You can reduce your risk by taking steps to prevent bug bites. What can I do to prevent bug bites? Cover exposed skin by wearing long-sleeved shirts, long pants, and hats. Use an appropriate insect repellent see below. Use permethrin-treated clothing and gear such as boots, pants, socks, and tents. Do not use permethrin directly on skin. Stay and sleep in air-conditioned or screened rooms. Use a bed net if the area where you are sleeping is exposed to the outdoors. What type of insect repellent should I use? Products with one of the following active ingredients can also help prevent mosquito bites. Higher percentages of active ingredient provide longer protection. What should I do if I am bitten by bugs? Avoid scratching bug bites, and apply hydrocortisone cream or calamine lotion to reduce the itching. Check your entire body for ticks after outdoor activity. Be sure to remove ticks properly. What can I do to avoid bed bugs? Although bed bugs do not carry disease, they are an annoyance. See our information page about avoiding bug bites for some easy tips to avoid them. For more information on bed bugs, see Bed Bugs. For more detailed information on avoiding bug bites, see Avoid Bug Bites. Some diseases in Vietnam—such as dengue and filariasis—are spread by bugs and cannot be prevented with a vaccine. Follow the insect avoidance measures described above to prevent these and other illnesses. Zika is a risk in Vietnam. For more information, see Zika Travel Information. Hide Stay safe outdoors If your travel plans in Vietnam include outdoor activities, take these steps to stay safe and healthy during your trip. Stay alert to changing weather conditions and adjust your plans if conditions become unsafe. Prepare for activities by wearing the right clothes and packing protective items, such as bug spray, sunscreen, and a basic first aid kit. Consider learning basic first aid and CPR before travel. Bring a travel health kit with items appropriate for your activities. Heat-related illness, such as heat stroke, can be deadly. Eat and drink regularly, wear loose and lightweight clothing, and limit physical activity during high temperatures. If you are outside for many hours in heat, eat salty snacks and drink water to stay hydrated and replace salt lost through sweating. Protect yourself from UV radiation: Be especially careful during summer months and at high elevation. Because sunlight reflects off snow, sand, and water, sun exposure may be increased during activities like skiing, swimming, and sailing. Very cold temperatures can be dangerous. Dress in layers and cover heads, hands, and feet properly if you are visiting a cold location. Stay safe around water Swim only in designated swimming areas. Obey lifeguards and warning flags on beaches. Practice safe boating—follow all boating safety laws, do not drink alcohol if driving a boat, and always wear a life jacket. Do not dive into shallow water. Do not swim in freshwater in developing areas or where sanitation is poor. Avoid swallowing water when swimming. Untreated water can carry germs that make you sick. To prevent infections, wear shoes on beaches where there may be animal waste. Leptospirosis, a bacterial infection that can be spread in fresh water, is found in Vietnam. Avoid swimming in fresh, unchlorinated water, such as lakes, ponds, or rivers. Hide Keep away from animals Most animals avoid people, but they may attack if they feel threatened, are protecting their young or territory, or if they are injured or ill. Animal bites and scratches can lead to serious diseases such as rabies. Follow these tips to protect yourself: Do not touch or feed any animals you do not know. Do not allow animals to lick open wounds, and do not get animal saliva in your eyes or mouth. Avoid rodents and their urine and feces. Traveling pets should be supervised closely and not allowed to come in contact with local animals. If you wake in a room with a bat, seek medical care immediately. Bat bites may be hard to see. All animals can pose a threat, but be extra careful around dogs, bats, monkeys, sea animals such as jellyfish, and snakes. If you are bitten or scratched by an animal, immediately: Wash the wound with soap and clean water. Go to a doctor right away. Tell your doctor about your injury when you get back to the United

States. Consider buying medical evacuation insurance. Rabies is a deadly disease that must be treated quickly, and treatment may not be available in some countries. Reduce your exposure to germs Follow these tips to avoid getting sick or spreading illness to others while traveling: Wash your hands often, especially before eating. If you need to touch your face, make sure your hands are clean. Cover your mouth and nose with a tissue or your sleeve not your hands when coughing or sneezing. Try to avoid contact with people who are sick. If you are sick, stay home or in your hotel room, unless you need medical care.

### Chapter 2 : Ultimate Vietnam 14 day Adventure | Ultimate Adventure Travel

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Trains in Vietnam What is the railway like in Vietnam? In Vietnam, all railways are government run but they have allowed private companies to furnish and service luxury cars which are attached to the state trains. Tracks span the length of the country and generally run near the coast which can make for nice views. Nearly all major tourist destinations can be reached by train and in most cases it is faster than taking the bus and certainly more relaxing. One of the only popular places unreachable by train is Dalat in the central highlands which one can get to by train or plane. Short delays are not uncommon but often trains are able to make up the lost time and arrive on time. Where can I find train schedules? All information and scheduling can be found on our website and if you believe something is missing please let us know. We get our information updated in real time from the railway to ensure accuracy and you can find train schedules, costs, travel times and train types by entering your desired origin and destination into the search bar. Please note that for some routes we do not display results for the 3rd Class hard seats. If you really want to travel via hard seat, you may contact us and we will check availability. What are railway stations like in Vietnam? Vietnamese train stations often consist of little more than a ticket office and a waiting room which many European travelers will find quite bare and basic in terms of amenities for American travelers it will not be all that different from your average Amtrak station. Recently free wifi has been deployed to most major stations and ticket QR codes are often being scanned directly from smart phones, so the process is rapidly modernizing. With the exceptions of Hanoi and Ho Chi Minh City, few stations have food or convenience stores inside but you should be able to find anything you need in the area directly surrounding the station. Trains stop only shortly at most stations so your chances to purchase items once on board will be limited. The railway is not known it either its gourmet or affordable food and drink. Can we leave things at the station for storage? When organizing your travel we would not recommend on planning to store your luggage at the station for any significant amount of time. How does the boarding work? Boarding procedures are subject to many variables such as station, staff, time of day, etc. At times you may have to show your e-ticket to access the platform and then the conductor will scan it onboard the train and at other times you can board without showing your ticket before having it scanned once you are underway. The process for private trains is a bit different. The voucher will contain directions to the ticket pick up location. How long in advance can I book a ticket? Most routes on Vietnam Railways open 60 to 30 days before departure. Longer routes such as Hanoi to Ho Chi Minh City will open closer to 60 days in advance while shorter routes such as Hue to Danang may open closer to 30 days prior to departure. Private trains are open 60 days in advance. In the future, we plan to offer advanced reservations to allow you to book before the routes are open and then we will complete the booking for you as soon as they are available but at the moment we are not able to do this. If you plan on traveling in Vietnam around the Tet holidays which will take place during the last week of January and first week of February, tickets sales may open as early as the first week of November and we recommend booking as soon as possible. When will I receive my tickets? If you made your booking more than 96 hours prior to departure your tickets will be automatically reserved for Vietnam Railways and the booking will be completed by our staff as soon as possible. Bookings on Vietnam Railways made within 96 hours and bookings for all private trains are sent directly to our staff for completion. Please keep in mind that there is likely a hour time difference between where you are reading this and Vietnam, so it could be several hours before your tickets are sent. If you have not recieved your tickets after 12 hours it would be wise to check your spam folder before contacting us. What if my tickets are unavailable after I pay? During the summer high season and a few other times throughout the year, tickets booked at the last minute can become sold out before we have a chance to complete your order. For Vietnam Railways we will email you a list of possible options and as soon as you reply we will book your alternative. If there is no alternative we will refund you in full. For the private railways we will automatically switch you to a provider

of equal price and comfort level should your desired train become unavailable. There is nothing you need to do in this case, we will simply book the available train for you and send you an email notifying of the change. We promise that there will be no noticeable difference in quality of service for the new booking. For this case you do not need a ticket for the child just be prepared to show their passport to prove age when boarding. There are no discounts on the private train services. Where is the luggage kept in the train? You can carry your luggage onto the cars and keep it above you or on special racks or underneath your seat. Some travelers secure their bags to the rack with a bicycle lock. Is there a baggage limitation? There is no hard limit to the amount of baggage you can bring on the train and you may be surprised by the amount that some Vietnamese families will take with them but be reasonable. Boarding and disembarking from the train can be quite rushed and hectic and unlike other countries, there are no carts and no one to help you with your luggage. Yes, on many trains it is possible to transport a bicycle or motorbike. It is best if you can go the station the day prior to departure to make the arrangements at the luggage office. We can not give reliable advice on the cost of transport as it depends on the size of the bike and the mood of the staff. In most cases the price will be very negotiable. Should you arrive at the station and find that it is not possible to transport your motorbike on the train for which you have already booked you will need to buy a new ticket on a train that can do the transport and cancel your booking in person at the station. After canceling please inform us as the refund can only be sent to the agent who made the booking and then we will send to you. What should I do if there are heavy rains at the moment? Weather can cause train delays. Will the train arrive on time? Vietnamese trains are not always on time. Often there is a delay, sometimes several hours. Do not plan your connecting flight without a significant break between train arrival and your next departure. What kinds of classes are available? There are 3 main types of carriages: Hard seats are available upon special request but it is not advisable for most journeys. You will be provided with pillows and sheets and the cabin should have ample reading lights and electrical outlets. The berths are hardly luxury mattresses but you should be able to sleep without discomfort. There is luggage storage under the bottom bunk and a large space above the door for additional items. First class cars will have restrooms at one or both ends and they should be stocked with toilet paper and relatively clean at least for the initial departure. The hard berths might be a bit uncomfortable for some and there is not a lot of space between them which may lead to taller travelers feeling a bit cramped. As with 1st Class Sleepers, 2nd Class is always air conditioned, possibly too well air conditioned, so be prepared for that. We do not recommend booking a soft seat for an overnight journey but for daytime trips they are perfectly acceptable. The cars will have a couple of power outlets spaced along the walls and toilets at either end. The toilets are separated from the air-conditioned part of the car and the area outside of them serves as a default smoking section. The bathroom is an Asian style squat toilet which is basically a hole in the floor. There will not be toilette paper so bring your own. Disabled passengers Disabled passengers are invited to contact us directly as the availability of services varies between routes and is generally inconsistent. We are happy to check with the railway upon request.

**Chapter 3 : Trains in Vietnam**

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You should have a sense for adventure, be curious to learn about new cultures and like to experience something different. Most people travel Vietnam with us either solo, or with a buddy and are between 18 and 35 years old. Chat to other people from your group before you leave home! Groups sizes are usually between 10 – 20 people with most groups even celebrating reunions years after their trip! Trips do book out quickly, so get in touch today! All your accommodation 13N , transport, activities as well as some meals all up 12xB, 6xL, 3xD are included! Where we go Explore the very best Vietnam has to offer! Check out the itinerary! Welcome to Vietnam Our Ultimate Vietnam trip begins with a welcome dinner at our favourite restaurant in Hanoi. Meet your group and share a few drinks with your new travel buddies. Later today we go to see a water puppet show – probably one of the most random things you will experience in your life and a big part of the Vietnamese culture. Get ready to party, Hanoi-style! Vietnam is very different – in a good way! Halong Bay Day 3: We stay overnight on a Vietnamese junk boat, moored in a secluded cove within Halong Bay. Chill in a hammock, go for a swim or kayak, play some beach volleyball and karaoke at night. After breakfast we had back towards Hanoi for another night on the town. Hoi An Day 6: Fly to Hoi An It may not seem that way, but Vietnam is actually a pretty large country. To get the most out of your days, our trip includes a flight from Hanoi to Hoi An. With red lanterns hanging from trees, buildings and shops all around town, Hoi An is known as the City of Lanterns. Nha Trang Day 9: We will explore the area by boat and snorkel along the way. Have a delicious lunch on an island before heading back to the mainland for some more beach time. Da Lat Day Da Lat is known as the romantic city of Vietnam with lots of locals heading here to get married. Ho Chi Minh City Day This city is buzzing and great to have a good night out. Our local guide takes us to the Cu Chi Tunnels and gives us a good insight into what happened here. Later tonight we get ready for the final night and enjoy farewell drinks on one of the rooftop bars. More Adventures Day After the tour is before the tour Time to check out unless you choose to stay a little longer and make your way to whatever is next on your list.

**Chapter 4 : Vietnam Travel: Why I'll Never Return to Vietnam Explained**

*What you should know to travel in Vietnam during National Day September 2nd September 1, by admin Food, Life-Style, News, Places No comments The Independence Day, which mostly originally led to the birth of the country, is an important and meaningful political, historical and cultural event associated with the current status of a country.*

Some of the more obvious reasons include seeing the countryside that you would otherwise have missed from the air. After all, when travelling nomad-style every penny counts! We used this site for our train trip up the coast of Vietnam and it saved us a lot of time and energy. However, while this site and many others provide awesome information, they are not always right. Time moves forward and schedules, rules, costs, etc. I wish I had when I bought our tickets for the first leg of our train ride. Disaster struck from the moment we walked onto the departure platform to find our carriage and board the train. I saw carriage after carriage of four-berth air-conditioned soft sleepers. But here I was looking at carriages filled with soft-sleepers. Maybe my eyes were deceiving me, but I learnt a valuable lesson that I will now pass on to you. We boarded the train and it was clear from the moment we stepped foot in the aisle that our packs were not going to fit in the overhead storage racks. So one of our packs ended up on the floor in front of us, seriously diminishing the amount of leg room we had, and the other was wedged upright between our aisle seat and the seat in front. It was too big to go all the way in, and the other pack on the floor at our feet was blocking it in any case. So most of the pack was in the aisle, which blocked people and the food trolleys trying to get past. So here we were, three of us wedged into a seat and half with no foot room for the next seven and a half hours. As soon as the train started moving out of the station in Ho Chi Minh City people started reclining in their seats, keen to get some shut eye for the long journey, and boy do these seats recline! If you thought seats on planes encroached on your personal space, you should see these. They virtually fold back into a bed! However, there were a few saving graces. The air-conditioning worked, it would have been a disaster if that had of packed it in. The people on the train were incredibly friendly. The Vietnamese absolutely love Jack, constantly touching and stroking him, sometimes even trying to take him out of my arms to have a hold. There were a couple of other children on the carriage so Jack made some new friends. There was also what seemed a never-ending procession of food carts making their way up and down the aisle for most of the trip. Chicken soup, corn on the cob, noodles, chocolate, cake, water, coffee, tea and plenty of other food and drink was always available if we needed it. During the trip at one of the stops about 10 people boarded the train with baskets filled with grapes. They raced on board and started shoving the baskets under seats, pleading with the passengers to let them before nonchalantly sitting down and pretending as though nothing had happened. It was bizarre and I had no idea what was going on until I saw a couple of train attendants have strong words with the grape sellers. For the next 20 minutes or so they tried to sell their grapes to the passengers without being discovered by any staff. In the end the staff realised they were fighting a losing battle trying to stop them and simply turned a blind eye as the grape sellers went about their business. Working away on the blog in our 4-berth soft sleeper LEG 2 "Nha Trang to Danang km, 8 hours 28 minutes Wow, what a difference a couple of tickets in a four-berth soft-sleeper cabin makes. Talk about a real step up in class and comfort. As it turned out, while we had fun, we were happy to stick to the original plan. We wanted to purchase our tickets a few days early to ensure we got a soft-berth cabin, and the train station is too far to walk, so we enquired at a few tourist outlets around town. Unfortunately they added a little more than we wanted to pay on top of the ticket price to organise it for us, which is fair enough, so we asked the hotel if they could organise the tickets. We were more than happy to pay, and it saved us from a trek out to the train station. We will definitely be using this method to buy our tickets everywhere we go if the circumstances are the same. We arrived at the station at 5. I was shocked, it could easily have been 3. So I asked a lady manning a food cart if she had a disposable bowl I could have. About 10 minutes later, exhausted, she returned with two packets of two-minute noodles. Not exactly what I requested, but after a few more hand gestures, and the assistance of other locals who spoke about us much English as I do Vietnamese, she came back with a proper bowl and two spoons. Lunch is served in our 4-berth soft sleeper As soon as we made our way into our cabin Sarah and I had a smile from ear to ear. There was

even a plastic flower perched proudly on the windowsill! We joined our new travel companions Ewan and Dawn, a lovely Scottish couple from Glasgow on their honeymoon, who were relaxing on the top bunks while we organised ourselves on the bottom bunks. The sheets and cabin were clean, and we could travel in peace with the simple slide of a door. There was ample storage room for our packs, a light for each bed and a wall socket to power up any dying electronic equipment. Even the toilets and wash facilities were slightly cleaner. And most importantly there was room for Jack to get up and move around. We could get his toys or iPad out for him to play on the bed, or we could go for a walk around the carriage in relative comfort. How wrong we were. Then a man came into our cabin with a menu for us to buy lunch – hello I thought, this is a nice surprise. There were only two options, chicken and rice or pork and rice, but it was a nice touch. We were soon hoing in when another cart soon followed with a selection of meats to purchase. Needless to say I bought a few pork rolls wrapped in what looked like spinach leaves these were amazing, a huge chicken drumstick and some pork skewers. I love my food and I loaded up. There was a little table between the lower level beds for us to rest our lunch trays on, but more importantly it made writing articles and producing videos for our travel blog much easier. I even got an hour of sleep, which is not that easy when you have a two-year old boy, work to do and plenty of countryside to see. That was another bonus of this trip, while the scenery of the first leg was dry, rocky and totally uninspiring, the scenery from Nha Trang to Danang was lush and beautiful. Jack had plenty of room to play in our 4-berth soft sleeper. We arrived in Danang just after 2. Jack managed to get a couple of hours sleep which was great for him and us, he had some room to move and play, Sarah and I also enjoyed a lot more comfort and arrived fresh and ready to explore Hoi An. Overall, a far more pleasurable experience than in the first leg, all for just a couple of dollars more. And it probably would have been even cheaper had we organised it ourselves from the many taxi services in Hoi An. Our overnight train was scheduled to depart at 6. While Jack was running himself into the ground, Sarah and I wondered aloud how great it would be if the other two berths in our cabin were vacant. We were worried Jack may have a restless night and keep any new cabin mates up. When we boarded the first thing we noticed was how nice the cabin was, slightly better than the cabin we had in the second leg, which we were more than happy with. The second thing we noticed was the top bunks were empty, and we knew we were one of the last people to board the train. A lot of happy people on the train tonight I thought. In fact, whether we liked it or not, we were having chicken and rice soup for dinner as that was the only choice! So we bought three bowls and we sat down for dinner. We were delighted to say the least. And despite the train stopping for quite a long time at a station in the middle of nowhere, we woke up with the cabin still to ourselves. A well rested boy is a happy boy! The food and drink carts rolled around again just after Jack woke and once again the choices were bare, in fact, for breakfast we were having – you guessed it – chicken and rice soup! We arrived at Hanoi train station just after midday and as always, there was a taxi waiting there to take us the one kilometre trip to our hotel. Confirm anything you may have read online about your train trip with the person selling you the ticket, it may be wrong. Bring some snacks with you for the trip. Even though there was ample opportunity to buy food and drinks on the first two legs, food was a little scarce on the third leg. Better to be safe than sorry. So there you have it, our experience travelling from the south to the north of Vietnam by train over the course of three different legs. I hope it helps with your planning, but remember, regardless of what you read here or anywhere else, if you have specific needs ask the person selling you the ticket.

### Chapter 5 : Thanh Liet Communal House Festival, Festivals in 2nd lunar month

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Too bad you had bad experiences. But being ripped-off several times certainly adds up the angst! You need a Viet guilder who help you in any places in VN. You need your opened mind to accept whatever happened in your trip. You need to learn JinJang from China-men! The riff-off on any purchases in market is nothing compare to the riff-off between Dollar and Dong Vietnamese money â€€. You need to learn economic and trade â€€. October 11, at 2: Thanks for the heads up. But what I want to know isâ€€if WE did that to the Viets constantly, would they be ok with it? What do you think? Am I detecting a double standard of behavior here, or are we right on the money with calling them out on their endemic shameless behavior? I think the latter. Tris September 19, at People seemed disrespectful and uninterested in the locals. We stayed in budget places, and the people there were amazing. A lot less jaded about tourists than Thailand, friendly and smiling. That held true in Ho Chi Minh City, once we dodged the crappy backpacker restaurants and overpriced souvenir shops. NomadicMatt September 20, at It was my very unscientific observation! I got off the beaten path quite a bit. I self-biked the Mekong Delta. In fact, one of my worst experience was trying to take the local bus instead of the tourist bus. My friend and I were treated pretty badly. William February 1, at 6: Shopping is easy, I read someone said they were tugged on their shirt, perhaps you must understand how important the money is to these people, its colourful full of life. London is the biggest rip off, Vietnam is great, some say they do not get change, knowing the Dong its worth so little to give change is stupid, like it would be so little like a few cents. I have travelled to Vietnam for the last 20 years often,also going to Cambodia, Thailand also, but Vietnam is the pick of the three, rip offs are high in Thailand. Vientam Airways look after us traveller so good, on the other hand Jetstar is terrible for lack of service, poor food, poor time keeping, changing days, have no lost bag service and the price is not much cheaper than Vietnam air. The markets are goodto shop in, once again you must understand the Dong. Mark September 19, at Both times I went as a backpacker and both times I had an amazing time. Most taxi drivers tried to rip me off. From the airport in Hanoi they took me to the wrong place but I was wise to that scam. We also got ripped off by another guy with a dodgy meter. Our Halong back trip was also fantastic. When we returned to the hostel in Hanoi they had given our room away despite our booking. So we had a worse room for 1 night. Everywhere you go there are people trying to rip you off. Even in London and New York. It sounds like you had a series of unfortunate incidents that brought you to this conclusion. However, I seemed to attract lots of them here. Ann September 22, at Vietnam really is still a 3rd world country despite how grand the government over there makes it looks. Put your money and gold where noone can see not in your pocket or purse LOL. September 19, at 1: I do agree with the others that once you stray from the mainstream you have really amazing adventures there. Some travel authors only accentuate the positive and choose to just ignore writing about the negative. Every traveler is different and every trip is, too. I hated it there. I guess the solution is to get away from the tourist areas NomadicMatt.

### Chapter 6 : Yen Phu Communal House Festival, Festivals in 2nd lunar month

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### Chapter 7 : Travel Alert: Vietnam's National Day September 2nd

*Vietnam is expected to enjoy a compound annual growth rate of % between and for outbound travel among Asia Pacific s emerging markets, according to the "Future of Outbound Travel in.*

### Chapter 8 : Vietjet now second biggest carrier in Southeast Asia by market cap

*This year Vietnam's National Independence Day - September 2nd - will fall on Friday, which will lead to a long holiday from September 2nd to September 4th or from Friday to the end of Sunday.*

### Chapter 9 : What you should know to travel in Vietnam during National Day September 2nd | Explore SonD

*Lonely Planet's Best of Vietnam is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you. Immerse yourself in history in the warren-like lanes of Hoi An Old Town; cruise through shimmering seas past karst limestone peaks in Halong Bay, and kayak through ethereal caves or trek.*